

This question paper contains 3 printed pages]

Roll No.

--	--	--	--	--	--	--	--	--	--

S. No. of Question Paper : 8876

Unique Paper Code : 12111402

IC

Name of the Paper : Applied Social Psychology-II

Name of the Course : B.A. (H) Applied Psychology : CBCS

Semester : IV

Duration : 3 Hours

Maximum Marks : 75

(Write your Roll No. on the top immediately on receipt of this question paper.)

Attempt all the five questions.

All questions carry equal marks.

1. What are the different ways in which social influence may affect human behaviour ? Discuss. 15

Or

What is Action Research ? Discuss PRA as a technique of action research. 5,10

2. Define 'Groups'. Describe any two structural properties of groups. 5,10

P.T.O.

Or

Describe in detail factors influencing prosocial behaviour.

15

3. Explain the challenges associated with Gender, Caste Inequality, and Religious Diversities in Indian context citing suitable examples.

15

Or

Giving suitable research examples, discuss the causes of prejudice as explained by different theories in social psychology.

15

4. Describe the applications of social psychology in managing environmental problems in India.

15

Or

What are the implications of conceptualizing poverty ? What are the ways in which we can utilize social psychology to deal with poverty in India ?

7,8

5. Write short notes on any *two* :

7.5,7.5

- (i) Strategies for reducing prejudice
- (ii) Formation of groups
- (iii) Levels of analysis of social behaviour
- (iv) Bystander effect.

5. Write short notes on any *two* :

7.5,7.5

- (i) Strategies for reducing prejudice
- (ii) Formation of groups
- (iii) Levels of analysis of social behaviour
- (iv) Bystander effect.

[This question paper contains 4 printed pages.]

Your Roll No.....

Sr. No. of Question Paper : 9131

IC

Unique Paper Code : 12113401

Name of the Paper : Counseling Psychology

Name of the Course : **B.A. (Hons.) Applied
Psychology – CBCS**

Semester : IV

Duration : 3 Hours

Maximum Marks : 75

Instructions for Candidates

1. Write your Roll No. on the top immediately on receipt of this question paper.
2. Attempt **All** Questions.
3. Answers may be written either in English or Hindi; but the same medium should be used throughout the paper.

छात्रों के लिए निर्देश

1. इस प्रश्न-पत्र के मिलते ही ऊपर दिए गए निर्धारित स्थान पर अपना अनुक्रमांक लिखिए ।
2. सभी प्रश्न कीजिए ।
3. इस प्रश्न-पत्र का उत्तर अंग्रेजी या हिंदी किसी एक भाषा में दीजिए, लेकिन सभी उत्तरों का माध्यम एक ही होना चाहिए ।

P.T.O.

1. What is counseling and how it is different from psychotherapy and guidance? Discuss the future trends of counseling. (9,6)

OR

Define counseling. Discuss historical antecedents of counseling. (5,10)

परामर्श (काउंसलिंग) क्या है और यह मनोचिकित्सा और मार्गदर्शन से कैसे अलग है ? परामर्श (काउंसलिंग) के भविष्य के रुझानों पर चर्चा करें ।

अथवा

परामर्श (काउंसलिंग) को परिभाषित करें । परामर्श (काउंसलिंग) के पूर्व-इतिहास पर चर्चा करें ।

2. What are the basic assumptions of the psychodynamic approach to counseling. Discuss the salient features of this approach. (5,10)

OR

Critically evaluate the person-centered approach to counseling. (15)

परामर्श (काउंसलिंग) के लिए मनोवैज्ञानिक दृष्टिकोण की बुनियादी धारणाएँ क्या हैं ? इस दृष्टिकोण की मुख्य विशेषताओं पर चर्चा करें ।

अथवा

परामर्श (काउंसलिंग) के लिए व्यक्ति-केंद्रित दृष्टिकोण का गंभीर रूप से मूल्यांकन करें।

3. Critically discuss Ellis's REBT approach to counseling focusing on its techniques. (15)

OR

What is behavioral counseling? Explain various behavioral techniques. (5,10)

अपनी तकनीकों पर ध्यान केंद्रित करते हुए परामर्श (काउंसलिंग) के लिए एलिस के आरईबीटी दृष्टिकोण की गंभीर चर्चा करें।

अथवा

व्यवहार परामर्श (काउंसलिंग) क्या है ? विभिन्न व्यवहार तकनीकों को समझाइए।

4. Discuss the application of counseling in school setting with suitable examples? (15)

OR

Explain the significance of career counseling. Discuss the different theoretical approaches to career counseling. (5,10)

P.T.O.

उपयुक्त उदाहरणों के साथ स्कूल सेटिंग में परामर्श (काउंसलिंग) के आवेदन पर चर्चा करें।

अथवा

करियर परामर्श (काउंसलिंग) का महत्व बताएं। करियर परामर्श (काउंसलिंग) के विभिन्न सैद्धांतिक दृष्टिकोणों पर चर्चा करें।

5. Write short notes on any **two** of the following :

(a) Marital counseling

(b) Yoga

(c) CBT

(d) Goals of counseling (7.5,7.5)

निम्नलिखित में से किसी दो पर संक्षिप्त टिप्पणी लिखें :

(क) वैवाहिक परामर्श (काउंसलिंग)

(ख) योग

(ग) सीबीटी

(घ) परामर्श (काउंसलिंग) के लक्ष्य

This question paper contains 2 printed pages]

Roll No.

--	--	--	--	--	--	--	--	--	--

S. No. of Question Paper : 8618

Unique Paper Code : 12113410 IC

Name of the Paper : Effective Leadership

Name of the Course : B.A. (H) Applied Psychology : CBCS-
SEC

Semester : IV

Duration : 2 Hours

Maximum Marks : 38

(Write your Roll No. on the top immediately on receipt of this question paper.)

Attempt all the *three* questions.

1. Define leadership. Describe the leadership style of an effective leader with suitable examples. 5,10

Or

Define communication. How can a leader enhance participatory communication in his/her team ? 5,10

2. How is a team different from a group ? Write about the essential attributes of an effective team. 5,10

Or

Discuss the role of co-operation and cohesiveness in building an effective team. 15

P.T.O.

3. Write short notes on any *two* of the following : 4,4

- (a) Building trust
- (b) Communication process
- (c) Non-verbal communication
- (d) Effective leader.

This question paper contains 2 printed pages]

Roll No.

--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--

S. No. of Question Paper : 9090

Unique Paper Code : 12111404

IC

Name of the Paper : Health Psychology

Name of the Course : B.A. (Hons.) in Applied Psychology
CBCS

Semester : IV

Duration : 3 Hours

Maximum Marks : 75

(Write your Roll No. on the top immediately on receipt of this question paper.)

Attempt all questions.

1. Explain the nature and scope of Health Psychology. Discuss the mind-body relationship giving suitable examples. 7,8

Or

Compare and contrast bio-psychosocial model with biomedical model. Critically evaluate bio-psychosocial model. 10,5

2. Discuss the theories of health behaviour and their implications. 15

Or

Discuss the characteristics of health behaviour. Explain the barriers to good health behaviours with suitable examples. 7,8

P.T.O.

3. Describe the various behaviours that protect and enhance health, giving suitable examples. 15

Or

What do you understand by pain ? How can pain be measured ? Describe the different strategies to control pain citing suitable research evidence. 15

4. Discuss the role of happiness and life satisfaction in determining good health and well-being of a person. 15

Or

Discuss the role of optimism and hope in determining health promoting behaviour. 15

5. Write short notes on any *two* of the following : 7.5,7.5

- (a) Lifestyle and disease patterns
- (b) Accident prevention
- (c) Goals of health psychology
- (d) Resilience.

This question paper contains 2 printed pages]

Roll No.

--	--	--	--	--	--	--	--	--	--

S. No. of Question Paper : 8903

Unique Paper Code : 12111604

IC

Name of the Paper : Foundation of Industrial/Organizational
Psychology-II

Name of the Course : B.A. (Hons) Applied Psychology CBCS

Semester : VI

Duration : 3 Hours

Maximum Marks : 75

(Write your Roll No. on the top immediately on receipt of this question paper.)

Attempt all questions.

All questions carry equal marks.

1. Define motivation and critically evaluate. Discuss any *three* theories of motivation. 5,10

Or

Differentiate between content and process theories of motivation. Discuss any *three* content theories of motivation citing suitable research evidence. 5,10

2. Define leadership ? Discuss the contingency theories of leadership. 5,10

Or

Critically evaluate transformational leadership and authentic leadership theory, citing suitable examples. 15

P.T.O.

Q. = 1/3/1/1

3. What is Stress ? Describe the positive and negative effects of stress. 5,10

Or

Describe in detail different types of coping strategies that can be used by an employee. 15

4. Discuss the history of human resource management (HRM). How has the environment of HRM changed ? 7+8

Or

What are the challenges in the field of Human Resource Management (HRM) ? How has the roles of the HR Manager changed keeping in view these challenges ? 8+7

5. Write short notes on any *two* : 7.5+7.5
- (a) Demand control model of stress
 - (b) Proficiencies of HR manager
 - (c) Any *two* contemporary theories of motivation
 - (d) Trait theories of leadership.

[This question paper contains 2 printed pages.]

Your Roll No.....

Sr. No. of Question Paper : 8711

IC

Unique Paper Code : 12111602

Name of the Paper : Understanding Psychological Disorders II

Name of the Course : **B.A. (Hons). Applied Psychology – CBCS**

Semester : VI

Duration : 3 Hours

Maximum Marks : 75

Instructions for Candidates

1. Write your Roll No. on the top immediately on receipt of this question paper.
2. Attempt all **five** questions.
3. **All** questions carry equal marks.

1. What are mood disorders? Explain the clinical picture of Major Depression and Bipolar Disorders with the help of case examples. (15)

OR

Explain the etiology of Major Depression with relevant evidence based researches.

P.T.O.

2. Discuss the clinical picture and causal factors contributing to specific phobias. (15)

OR

Discuss the clinical picture and etiology of social phobia with the help of a case study.

3. Discuss the clinical picture and causal factors of conversion disorder in detail with the help of a case example. (15)

OR

Discuss the causal factors in the making of Anti Social Personality Disorder.

4. What are eating disorders? Discuss the clinical picture for Anorexia and Bulimia. (15)

OR

Explain in detail the clinical picture and etiology associated with Gender Identity Disorder.

5. Short notes on any **TWO** : (7.5,7.5)
- (a) Panic disorder
 - (b) Diagnostic criteria for Bipolar II Disorder
 - (c) Malingering

(400)

This question paper contains 2 printed pages]

Roll No.

--	--	--	--	--	--	--	--	--	--

S. No. of Question Paper : 8953

Unique Paper Code : 12117902

IC

Name of the Paper : Understanding Psychology

Name of the Course : B.A. (H) Applied Psychology
CBCS-DSE

Semester : VI

Duration : 3 Hours

Maximum Marks : 75

(Write your Roll No. on the top immediately on receipt of this question paper.)

All questions carry equal marks.

All questions are compulsory.

1. Discuss the biological basis of human behaviour with special emphasis on brain. 15

Or

What are the various methods of research in Psychology ?

Discuss the major subfields of Psychology. 7.5+7.5

2. Discuss in detail the principles of operant conditioning.
Describe the current development in the field. 10,5

Or

Describe the various types of learning strategies. Discuss how

learning occurs in a digital world. 7.5,7.5

P.T.O.

3. Discuss the various types of depth cues citing relevant examples. 15

Or

What do you mean by illusions ? Describe in brief the different types of illusions. 5,10

4. Discuss the parallel distributed processing models of memory. 15

Or

What are the various explanations of forgetting ? How can memory be improved ? 10,5

5. Write short notes on any *two* of the following : 7.5+7.5

- (a) Positive learning Environment
- (b) Perceptual Organization
- (c) False memories
- (d) Psychology in modern India.