

8 chis

[This question paper contains 4 printed pages.]

Your Roll No.....

Sr. No. of Question Paper : 3286 A
Unique Paper Code : 12111402
Name of the Paper : Applied Social Psychology- II
(LOCF)
Name of the Course : Applied Psychology (Hons.)
Semester : IV
Duration : 3 Hours Maximum Marks : 75

Instructions for Candidates

1. Write your Roll No. on the top immediately on receipt of this question paper.
2. Attempt **all** questions.
3. **All** questions carry equal marks.

1. Describe in detail the nature and challenges of social diversity in our country with the help of social psychological perspective. (15)

P.T.O.

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OR

Elucidate the various ways of resolving intergroup conflicts by citing some relevant case studies. (15)

2. Examine the impact of social and cultural factors on the concept of self. (15)

OR

What do you understand by social influence? Discuss it by explaining conformity, obedience, and compliance. (5+10)

3. Explain the notion of group dynamics, its formation and structural properties. (5+10)

OR

What do you understand by group polarization?
Comment on the factors that are connected with group
decision making. (5+10)

4. Discuss the nature and management of poverty.
Suggest some socio-psychological interventions
especially in Indian context. (10+5)

OR

Describe the major environmental problems in India.
Throw light on how these issues can be resolved by
introducing some particular social psychological
interventions. (7+8)

5. Write short notes on **any two** of the following.
(7.5, 7.5)

(a) Religious Diversities

(b) Intergroup Conflict Management

P.T.O.

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(c) Prejudice and Discrimination

(d) Group Think

(500)

[This question paper contains 3 printed pages.]

Your Roll No.....

Sr. No. of Question Paper : 3455(A)

Unique Paper Code : 12111404

Name of the Paper : Health Psychology

Name of the Course : B.A. (Hon.) Applied
Psychology (LOCF)

Semester : IV

Duration : 3 Hours

Maximum Marks : 75

Instructions for Candidates

1. Write your Roll No. on the top immediately on receipt of this question paper.
2. Attempt any **five** the questions.
3. Ques 6 is compulsory.
4. All questions carry equal marks.

1. What are the goals of health psychology. Trace the relation between mind- body through the history of health psychology.
(6,9)

Or

P.T.O.

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Compare and contrast the bio-medical and bio-
psychosocial model of health psychology. (15)

2. Explain and compare Protective Motivation theory
and theory of reasoned action of health behaviour.
(15)

Or

What are health behaviours? Discuss the social and
community barriers? (6,9)

3. Nutrition is a critical part of health and development."
Discuss the statement with suitable examples.
(15)

Or

Discuss the role of exercise in maintaining health.
(15)

4. Define pain. Describe different types of pain
management strategies. (5,10)

Or

3455(A)

3

Explain the positive emotions. Discuss the affects of positive emotions on Human lives with empirical examples. (7,8)

5. Citing research evidence discuss the role of hope and optimism in health and wellness. (15)

6. Write short notes on any two : (7.5,7.5)

(a) Goals of health psychology

(b) Lifestyle and illness

(c) Yoga and health

(d) Resilience

[This question paper contains 3 printed pages.]

Your Roll No.....

Sr. No. of Question Paper : 3492

Unique Paper Code : 12113401

Name of the Paper : Counseling Psychology (LOCF)

Name of the Course : B.A. (Hons.) Applied
Psychology

Semester : IV

Duration : 3 Hours

Maximum Marks : 75

Instructions for Candidates

1. Write your Roll No. on the top immediately on receipt of this question paper.
2. Attempt all **five** questions.
3. **All** questions carry equal marks.

1. Explain the professional and personal aspects of a counselor. Discuss the emerging future trends of counselling. (8,7)

Or

P.T.O.

Trace the historical development of counselling.
Highlight the differences and similarities between
counselling and other psychotherapies. (10,5)

2. Critically evaluate the psychoanalytic approach to
counselling. (15)

Or

Explain the rational emotive behavioral therapy.
Discuss the differences between REBT and cognitive
behavior therapy. (10,5)

3. Explain the Solution Focused Brief Therapy with help
of case examples. (15)

Or

Discuss the relevance of narrative therapy as a
contemporary approach to counselling, citing suitable
examples. (15)

4. Explain the various approaches to career counseling.
(15)

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Or

Highlight the role of school counselling in elementary and middle school. (15)

5. Write short notes on **any two** of following :

(7.5,7.5)

- (i) Status of counseling in India
- (ii) Person centered approach
- (iii) Expressive Art and Yoga
- (iv) LGBTQ counselling

(600)

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Your Roll No.....

Sr. No. of Question Paper : 4424

Unique Paper Code : 12115902

Name of the Paper : Psychology for Living

Name of the Course : B.A. (Hon) in Applied
Psychology

Semester : II / IV

Duration : 3 Hours

Maximum Marks : 75

Instructions for Candidates

1. Write your Roll No. on the top immediately on receipt of this question paper.
2. Attempt any **five** questions.
3. **All** questions carry equal marks.
4. Answers may be written either in English or Hindi; but the same medium should be used throughout the paper.

छात्रों के लिए निर्देश

1. इस प्रश्न-पत्र के मिलते ही ऊपर दिए गए निर्धारित स्थान पर अपना अनुक्रमांक लिखिए।

P.T.O.

2. किन्हीं पाँच प्रश्नों के उत्तर दीजिये ।
3. सभी प्रश्नों के अंक समान हैं ।
4. इस प्रश्न-पत्र का उत्तर अंग्रेजी या हिंदी किसी एक भाषा में दीजिए, लेकिन सभी उत्तरों का माध्यम एक ही होना चाहिए ।

1. How can a psychologist explain health, illness and wellbeing? (15)

Or

Explain bio-psycho-social model with examples.

(15)

एक मनोवैज्ञानिक स्वास्थ्य, बीमारी और भलाई की व्याख्या कैसे कर सकता है?

या

जैव-मनोवैज्ञानिक मॉडल को उदाहरण सहित समझाइए।

2. Explain the personal and social mediators of stress. (15)

Or

Describe stress management techniques with the help of an individual to achieve a good health? (15)

तनाव के व्यक्तिगत और सामाजिक मध्यस्थों की व्याख्या करें।

या

एक अच्छा स्वास्थ्य प्राप्त करने के लिए व्यक्तिगत की सहायता से तनाव प्रबंधन तकनीकों का वर्णन करें?

3. Elaborate with examples how health is enhanced.

(15)

Or

How immunization and hygiene helps to protect our health and behavior?

(15)

उदाहरणों के साथ विस्तार से बताएं कि स्वास्थ्य को कैसे बढ़ाया जाता है।

या

टीकाकरण और स्वच्छता हमारे स्वास्थ्य और व्यवहार की रक्षा करने में कैसे मदद करता है?

4. Discuss strategies for cultivating inner strength.

(15)

Or

With the help of suitable examples discuss concept of Me/We balance.

(15)

P.T.O.

आंतरिक शक्ति को विकसित करने की रणनीतियों पर चर्चा करें।

या

उपयुक्त उदाहरणों की सहायता से मैं/हम संतुलन की अवधारणा पर चर्चा कीजिए।

5. Write short notes on :

- (i) Illness management
- (ii) Gainful employment
- (iii) Holistic health
- (iv) Alcoholism and smoking (7.5,7.5)

इस पर संक्षिप्त टिप्पणी लिखिए :

- (i) बीमारी प्रबंधन
- (ii) लाभकारी रोजगार
- (iii) समग्र स्वास्थ्य
- (iv) शराब और धूम्रपान

[This question paper contains 4 printed pages.]

Your Roll No.....

Sr. No. of Question Paper : 3001

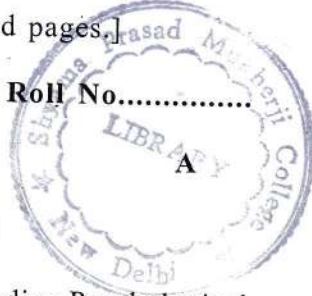
Unique Paper Code : 12111602

Name of the Paper : Understanding Psychological
Disorders – II

Name of the Course : B.A. (Hons.) Applied
Psychology

Semester : VI – Year : 2022

Duration : 3 hours Maximum Marks : 75
(& 1/2 an hour extra)



Instructions for Candidates

1. Write your Roll No. on the top immediately on receipt of this question paper.
2. Attempt any 5 questions from below.
3. Marks are equally divided and each Question is of 15 marks
4. Answers may be written in Hindi or English but same pattern should be followed throughout the paper.

P.T.O.

3001

2

1. Discuss the clinical picture of Major Depressive Disorder with culturally relevant case examples.

OR

Discuss the probable etiology of Bipolar Disorders with relevant research evidence. (15)

2. Discuss the clinical picture of Attention Deficit / Hyperactivity Disorder in detail with the help of a case study.

OR

Why is Autism Spectrum Disorder a 'spectrum' disorder? Discuss the possible etiology within an evidence-based research framework. (15)

3. Discuss the etiology of Functional Neurological Disorder.

OR

Compare Cluster A & cluster B Personality Disorders with examples. (15)

3001

3

4. Discuss the clinical picture of Obsessive Compulsive Disorder with relevant examples.

OR

Critically discuss the efficacy of biological approaches to psychological disorders.

5. What are mood disorders? Discuss the clinical picture of Persistent Depressive Disorder.

OR

Discuss Specific Learning Disorder with culturally relevant examples. (15)

6. Write short notes on **any two** out of the following :
(7.5+7.5)

(a) Cyclothymia

(b) Cluster C Personality Disorders

(c) Psychological approaches to treatment of psychological disorders

3001

4

(d) Intellectual disabilities

(600)

[This question paper contains 2 printed pages.]

Your Roll No.....



Sr. No. of Question Paper : 3161

Unique Paper Code : 12117921

Name of the Paper : DSE - Geriatrics Psychology

Name of the Course : B.A. (H) Applied Psychology

Semester : VI

Duration : 3 hours

Maximum Marks : 75

Instructions for Candidates

1. Write your Roll No. on the top immediately on receipt of this question paper.

- Attempt any five questions. All the questions carry equal marks.

-
1. Define Geropsychology. Discuss the physiological and social context of human ageing. (5,10)

OR

Discuss the scope of Geriatric Psychology and critically evaluate the cognitive aspect of ageing?
(5,10)

2. Critically evaluate the Levinson theory and disengagement theory of aging. (15)

OR

Describe the Indian theory of Ashram and its relevance in contemporary Indian society. (5,10)

3. What is healthy ageing. Discuss various ways of coping with ageism (15)

OR

What is elder abuse? What are the strategies to prevent elderly abuse? (10,5)

P.T.O.

4. Explain the concept of elder care. Critically evaluate the National Policy for older persons?

(5, 10)

OR

Elaborate the stressors and coping strategies of caregivers in older people?

(15)

5. Write short notes on any Two of the following:

(7.5, 7.5)

- a). Generation gap
- b). Indian theory of Ashram
- c). Role of Family as caregivers
- d). Physiological changes in old age

15

[This question paper contains 4 printed pages.]

Your Roll No.....

Sr. No. of Question Paper : 3329

A

Unique Paper Code : 12117904

Name of the Paper : DSE 2: Youth Psychology

Name of the Course : B.A. (Hons.) Applied Psychology

Semester : VI

Duration : 3 Hours

Maximum Marks : 75

Instructions for Candidates

1. Write your Roll No. on the top immediately on receipt of this question paper.
2. Attempt all **five** questions.
3. All questions carry equal marks.
4. Answers may be written either in English or Hindi; but the same medium should be used throughout the paper.

छात्रों के लिए निर्देश

1. इस प्रश्न-पत्र के मिलते ही ऊपर दिए गए निर्धारित स्थान पर अपना अनुक्रमांक लिखिए।

P.T.O.

2. सभी पाँच प्रश्नों के उत्तर दीजिए।
3. सभी प्रश्नों के अंक समान हैं।
4. इस प्रश्न-पत्र का उत्तर अंग्रेजी या हिंदी किसी एक भाषा में दीजिए, लेकिन सभी उत्तरों का माध्यम एक ही होना चाहिए।

1. Define Youth. Elaborate the various concerns and relevance of Youth Psychology. (15)

OR

Discuss the nature and scope of youth psychology.
Explain the formation of youth identity.

युवा को परिभाषित करें। युवा मनोविज्ञान के विभिन्न सरोकारों और प्रासंगिकता का विस्तार से वर्णन कीजिए।

या

युवा मनोविज्ञान की प्रकृति और कार्यक्षेत्र की विवेचना कीजिए। युवा पहचान के गठन की व्याख्या करें।

2. Highlight the importance of intergenerational relationships in youth development. (15)

OR

What is Youth culture? Elaborate the role of media in shaping the youth culture.

युवा विकास में पीढ़ीगत संबंधों के महत्व पर प्रकाश डालिए।

या

युवा संस्कृति क्या है? युवा संस्कृति को आकार देने में मीडिया की भूमिका का विस्तार से वर्णन करें।

3. Discuss various risk taking behaviours amongst youth.

OR

Explain the concept of transition in youth. (15)

युवाओं के बीच विभिन्न जोखिम लेने वाले व्यवहारों पर चर्चा करें।

या

युवावस्था में संक्रमण की अवधारणा को स्पष्ट कीजिए।

4. Discuss the concept of social well being. Elaborate the role of social interest in social well being.

OR

Explain positive youth development. Highlight the significance of social capital in youth development.

(15)

P.T.O.

सामाजिक कल्याण की अवधारणा की चर्चा कीजिए। सामाजिक कल्याण में सामाजिक हित की भूमिका का विस्तार से वर्णन कीजिए।

या

सकारात्मक युवा विकास की व्याख्या करें। युवा विकास में सामाजिक पूंजी के महत्व पर प्रकाश डालिए।

5. Write short notes on **any two** of the following :

- (a) Youth across cultures
- (b) Responsibility in positive youth development
- (c) Role of values in youth development
- (d) Romantic relationships
- (e) Issues related to employment (7.5×2=15)

निम्नलिखित में से किन्हीं दो पर संक्षिप्त टिप्पणी लिखिए :

- (क) संस्कृतियों में युवा
- (ख) सकारात्मक युवा विकास में जिम्मेदारी
- (ग) युवा विकास में मूल्यों की भूमिका
- (घ) रोमांटिक रिश्ते
- (ङ) रोजगार से संबंधित मुद्दे

[This question paper contains 2 printed pages.]

Your Roll No.....

Sr. No. of Question Paper : 3337

Unique Paper Code : 12117921

Name of the Paper : DSE – Geriatrics Psychology

Name of the Course : B.A. (H) Applied Psychology

Semester : VI

Duration : 3 Hours

Maximum Marks : 75

Instructions for Candidates

1. Write your Roll No. on the top immediately on receipt of this question paper.
 2. Attempt any **five** questions. All the questions carry equal marks.
-
1. Describe the concept of ageism and discuss the scope of Geriatric Psychology. (5,10)

OR

Discuss the physiological and cognitive changes take place in older people? (15)

2. Critically evaluate the Levinson theory and Erikson theory of aging. (7,8)

P.T.O.

OR

Discuss the relevance of Indian theory of Ashram in contemporary Indian society. (15)

3. How elderly cope with discrimination faced by them due to generation gap? (15)

OR

Discuss personal and social coping strategy for elderly for successful life. (10,5)

4. Discuss the salient features and critically evaluate The National policy for senior citizens. (5,10)

OR

Discuss the coping strategies of caregivers in older people. (15)

5. Write short notes on any **Two** of the following: (7½,7½)

- (i) Disengagement theory
- (ii) Bereavement
- (iii) Concept of elder care
- (iv) Physiological changes in old age

(200)

[This question paper contains 2 printed pages.]

Your Roll No.....

Sr. No. of Question Paper : 3475(A)

Unique Paper Code : 12111604

Name of the Paper : Foundations of Industrial/
Organizational Psychology-II

Name of the Course : **B.A (Hons) Applied
Psychology (LOCF)**

Semester : VI

Duration : 3 Hours

Maximum Marks : 75

Instructions for Candidates

1. Write your Roll No. on the top immediately on receipt of this question paper.
2. Attempt **all** questions.

1. Distinguish between content and process theories of motivation. Critically evaluate any one process theory of work motivation. (15)

Or

Define work motivation. Explain any motivational application through Job design. (15)

P.T.O.

3475(A)

2

2. Explain trait approach of leadership in detail. (15)

Or

Explain any two contemporary theories of leadership in detail. (15)

3. Define Power. Explain different types of power in organizational setting. (15)

Or

Explain factors which motivate organizational politics. What measures could be taken to reduce the political behavior in organizations. (15)

4. Elaborate on the composition of psychological capital supporting your answer with experimental evidences. (15)

Or

Explain the importance of positive organizational behavior with the help of suitable examples. (15)

5. Write short note on any **two**:- (7.5, 7.5)

(a) Authentic leadership

(b) Work-life balance

(c) Relationship between power and politics

(d) Emotional Intelligence

(600)