

[This question paper contains 4 printed pages]

05 JUN 2023

Your Roll No.....

(3)

Sr. No. of Question Paper : 3830

E

Unique Paper Code : 12111202 LOCF

Name of the Paper : Research Methodology and Data Processing in Psychology-II

Name of the Course : B.A. (Hon) Applied Psychology

Semester : II

Duration : 3 Hours Maximum Marks : 75

Instructions for Candidates

1. Write your Roll No. on the top immediately on receipt of this question paper.
2. Attempt **all** the questions.
3. Use of simple calculator is allowed.

1. What do you understand by the term Reliability? Discuss its various types. (3,12)

OR

P.T.O.

How is psychological testing carried out in clinical and educational testing? Discuss with suitable examples. (15)

2. What is sampling in research methods? Discuss probability sampling techniques. (5,10)

OR

What is attitude scaling? Discuss the Likert scaling technique in detail. (5, 10)

3. (a) Discuss the steps involved in hypothesis testing.

(b) Following are the results of a training program for 25 children before and after 4 weeks of training.

The researcher wants to know whether the students benefitted from training (higher score indicate better performance).

X		Y	
Mean	SD	Mean	SD
25	15	40	17

If $r = + 0.63$, set up the null and directional hypothesis and evaluate t at $\alpha = 0.05$ to draw final conclusions. (5,10)

OR

(a) Explain directional and non-directional hypotheses by citing suitable examples.

(b) Two groups of students 50 girls and 50 boys were exposed to a treatment in order to study its impact on gender. Following data were obtained.

	BOYS	GIRLS
Mean	85	70
S.D.	9	8
Sample size (N)	50	50

Test whether difference between the means of the groups is significant at .01 level of significance.

(5,10)

4. (a) Discuss the basic assumptions underlying one-way ANOVA and also discuss its relationship with student's t.

(b) Given are the following scores. Using one way ANOVA find out the significance of results at $\alpha = .05$

(7,8)

P.T.O.

I	II	III
4	0	I
3	1	2
6	3	2
3	1	0
4	0	0
Total = 20	5	5

OR

(a) What is a non parametric test. Describe the basic assumptions of Chi-square test.

(b) A group of 300 students were asked about their attitude towards privatization in higher education. The data is shown in the table given below, test the hypothesis of equal probability using Chi square test and state the results at .05 level of significance. (7,8)

	Agree	Indifferent	Disagree
Observed frequency	150	50	100

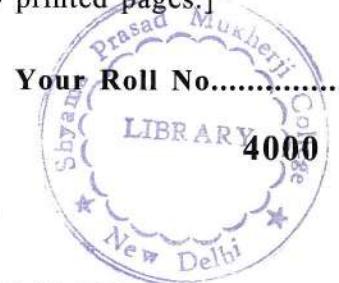
5. Write short notes on any three : (5,5,5)

(a) Norms
 (b) Guttman scale
 (c) Levels of significance
 (d) Sampling distribution of means
 (e) Power of a test

(100)

[This question paper contains 4 printed pages.]

05 JUN 2023



Sr. No. of Question Paper :

E

Unique Paper Code : 12113401

Name of the Paper : Counseling Psychology
(LOCF)

Name of the Course : **B.A. (Hons.) Applied
Psychology**

Semester : IV

Duration : 3 Hours Maximum Marks : 75

Instructions for Candidates

1. Write your Roll No. on the top immediately on receipt of this question paper.
2. Attempt **All** Questions.

P.T.O.

1. Explain the similarities and differences between the terms counselling and psychotherapy. Elucidate the various ethical considerations to be taken care of during the process of counselling. (7+8)

OR

Highlight the importance of personal and professional aspects of a counsellor. Cite the historical development of counselling as a profession. (5+10)

2. Critically evaluate Aron Beck's Cognitive Approach to counselling. (15)

OR

What was Carl Roger's view of human nature? Discuss the therapeutic process with reference to Person Centered Approach to counselling. (15)

3. Critically discuss the Expressive Arts Approach to counselling with emphasis on few of its applications. (15)

OR

How does a Solution Focused Approach help the clients to overcome their chief concerns in life? (15)

4. Discuss the importance of Career Counselling. Discuss its key applications in real life. (5+10)

OR

Elucidate the application of counselling to grief and trauma setting. (15)

5. Write short notes on **any two** of the following :

(a) Goals of Counseling

P.T.O.

4000

4

(b) Status of Counselling in India

(c) School Counselling

(d) REBT

(500)

[This question paper contains 2 printed pages.]

05 JUN 2023



Your Roll No.....

E

Sr. No. of Question Paper : **3530**

Unique Paper Code : **12113411**

Name of the Paper : **Stress Management**

Name of the Course : **B.A. (H) Applied Psychology (SEC)**

Semester : **IV**

Duration : 2 Hours **Maximum Marks : 38**

Instructions for Candidates

1. Write your Roll No. on the top immediately on receipt of this question paper.
2. Attempt **all** questions.

1. What is stress? Describe the GAS model of stress in detail. (5, 10)

OR

Define stress management. Discuss the social and psychological sources of stress with appropriate examples. (6,9)

2. Define coping and discuss the role of emotion focused constructive coping with example. (5,10)

OR

Discuss the role of various types of yoga and meditation to manage stress effectively. (15)

3. Write short notes on any Two of the following:

(4,4)

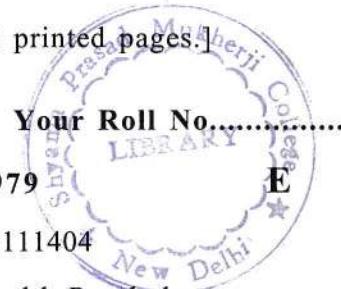
- (a) Primary and Secondary appraisal
- (b) Problem focused constructive coping
- (c) Vipasana
- (d) Relaxation techniques

(500)

Day 4 Ch 4 B.A

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05 JUN 2023



Your Roll No.

Sr. No. of Question Paper : 3979

E

Unique Paper Code : 12111404

Name of the Paper : Health Psychology

Name of the Course : **B.A. (Hon) in Applied Psychology**

Semester : IV

Duration : 3 Hours Maximum Marks : 75

Instructions for Candidates

1. Write your Roll No. on the top immediately on receipt of this question paper.
2. Attempt **all** the questions.

1. Discuss the concept of health. How has the understanding of the mind-body relationship evolved over time. (5,10)

OR

Deliberate the clinical implications of the bio-psychosocial model of health. (5,10)

2. Elucidate the various theories of health behavior with appropriate examples. (15)

P.T.O.

OR

Explain the three characteristics of health behavior.
What are the various barriers to health behavior.

(7,8)

3. Elaborate various health-enhancing behaviors with appropriate examples. (15)

OR

Discuss the various techniques to measure pain. How pain can be managed. (8,7)

4. Explain the concept of subjective well-being & positive emotions with research evidence. (5,10)

OR

What do you understand by the term resilience.
Discuss the sources of resilience in childhood.

(5,10)

5. Write short notes on any **two** (7.5×7.5)
(a) Health- Illness continuum
(b) Individual and interpersonal barriers to health behaviour
(c) Happiness
(d) Benefits of regular Exercise

(500)

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05 JUN 2023



Your Roll No.....

E

Sr. No. of Question Paper : 3501

Unique Paper Code : 12111602

Name of the Paper : Understanding Psychological Disorders-II

Name of the Course : BA. (Hons.) Applied Psychology

Semester/Annual : VI

Duration : 3 Hours Maximum Marks : 75

Instructions for Candidates

1. Write your Roll No. on the top immediately on receipt of this question paper.
2. Attempt **any 5** questions mentioned below:

1. With the help of a case study explain the clinical picture of Major Depressive Disorder, What are the psychological factors associated with its development, explain with relevant research evidence. (15)

OR

What is the difference between Bipolar I and Bipolar II Disorder. Explain the etiological factors in the development of Bipolar Disorders. (15)

2. With the help of a relevant case example, explain the clinical picture of a person on the Autism Spectrum. Discuss the etiological factors associated with its development. (8+7)

OR

Elucidate the clinical picture of Attention Deficit Hyper Activity Disorder with the help of a case example, What is the evidence around its etiology? (8+7)

3. Explain the clinical picture and etiology of Functional Neurological Symptom Disorder with a culturally case example. (15)

OR

Describe and differentiate among the cluster A Personality Disorders with the help of culturally relevant cases. (15)

4. Discuss the clinical picture and etiology of Obsessive Compulsive Disorder (8+7)

OR

Elucidate upon the various biological treatment options used to treat psychological disorders (15)

5. Write short notes on any of three topics (5+5+5=15)

- (a) Personality disorder of cluster B
- (b) Cyclothymia
- (c) Intellectual Disability
- (d) Psychological treatment interventions
- (e) Persistent Depressive Disorder

[This question paper contains 2 printed pages.]



Your Roll No.....

Sr. No. of Question Paper

: 3629

E

Unique Paper Code

: 12111402 LOCF

Name of the Paper

: DSE Applied Social Psychology- II

Name of the Course

: **B.A. (Hons) Applied Psychology LOCF**

Semester

: VI

Duration : 3 Hours

Maximum Marks : 75

Instructions for Candidates

1. Write your Roll No. on the top immediately on receipt of this question paper.
2. All questions are compulsory

1. Discuss the major strategies to resolve inter-group conflict by citing some relevant instances across the societies. (5, 10)

OR

Explain the various types of social diversity in detail. (15)

2. How do we describe the notion of self. Examine the role of society and culture in shaping self. (5, 10)

OR

Define the term social influence. Illustrate the notion of conformity with some research evidence. (5, 10)

3. What do you mean by group dynamics? Elucidate the different types of groups and their functions. (5, 10)

OR

Define social facilitation. Give a brief account of theoretical assumptions concerning social facilitation. (5, 10)

4. What do you understand by environmental problems? Describe some useful techniques for the prevention and control of environmental problems in India. (5, 10)

OR

Write a detailed note on poverty and its management in Indian context. (15)

5. Write short note on any Two: (7.5, 7.5)

(i) Religious Diversity

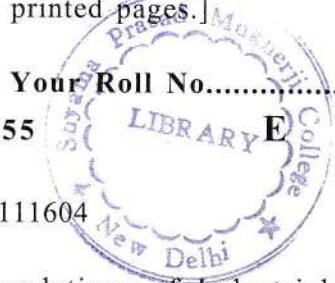
(ii) Obedience

(iii) Group Polarization

(iv) Effects of Environmental Problems

[This question paper contains 4 printed pages.]

5 JUN 2023



Your Roll No.....

Sr. No. of Question Paper : 3655

Unique Paper Code : 12111604

Name of the Paper : Foundations of Industrial/
Organizational Psychology-II
(LOCF)

Name of the Course : **B.A (Hons) Applied
Psychology**

Semester : VI

Duration : 3 Hours Maximum Marks : 75

Instructions for Candidates

1. Write your Roll No. on the top immediately on receipt of this question paper.
2. Attempt **all** questions. **All** questions carry equal marks.

1. Distinguish between content and process theories of motivation. Critically evaluate any one process theory of work motivation. (7,8)

P.T.O.

OR

Define work motivation. Explain any motivational application through Job design. (5,10)

2. Critically evaluate any two contemporary theories of leadership citing suitable examples and challenges. (15)

OR

Explain the concept of Leadership. Discuss the behavioural approaches to Leadership. (5,10)

What do you understand by power in Organization. Explain various types of power with suitable examples. (7,8)

OR

Give a brief description of factors contributing to political behaviour in organizations. Discuss the various approaches of employee empowerment in organization.

4. Elaborate on the composition of psychological capital with suitable research citations. (15)

OR

Explain the importance of positive organizational behavior with the help of suitable examples. (15)

5. Write short note on any **two** :- (7.5,7.5)

- (a) Trait Approach leadership
- (b) Work-life balance
- (c) Political implications of Power

P.T.O.

(d) Emotional Intelligence

(e) Self-Determination theory

(500)

[This question paper contains 2 printed pages.]

3705

05 JUN 2023

Your Roll No.....



Sr. No. of Question Paper : 3705

Unique Paper Code : 12117920

Name of the Paper : DSE 6 : Psychological
Assessment

Name of the Course : B.A. (Hon) Applied
Psychology

Semester : VI

Duration : 3 Hours

Maximum Marks : 75

Instructions for Candidates

1. Write your Roll No. on the top immediately on receipt of this question paper.
2. Attempt all five questions.
3. All the questions carry equal marks.
4. Answers may be written either in English or in Hindi; but the same medium should be followed throughout the paper.

1. What is the difference between a psychological test and psychological assessment? Highlight the principles of assessment. (15)

OR

With the help of suitable examples describe ethical and professional issues in psychological assessments.

P.T.O.

2. Explain the characteristics of a good test.

OR

Discuss the application of psychological tests in
educational setting. (15)

3. What are the various steps involved in the construction
of a standardized test? (15)

OR

Discuss the various methods of estimating reliability
of a test. (15)

4. Discuss various semi projective tests used in
psychological assessment in detail. (15)

OR

Elaborate on the importance of personality inventories.
(15)

5. Write short notes on any **two**: (7.5+7.5)

(a) Principles of Psychological Assessment

(b) Types of tests

(c) Future directions of psychological tests

(d) Validity

(100)

[This question paper contains 4 printed pages.]

05 JUN 2023

Your Roll No.....

Sr. No. of Question Paper : 3848

Unique Paper Code : 12117904



Name of the Paper : DSE 2: Youth Psychology

Name of the Course : B.A. (Hons.) Applied
Psychology

Semester : VI

Duration : 3 Hours Maximum Marks : 75

Instructions for Candidates

1. Write your Roll No. on the top immediately on receipt of this question paper.
2. Attempt all **five** Questions.
3. **All** questions carry equal marks.
4. Answers may be written either in English or in Hindi; but the same medium should be throughout the paper.

1. Define Youth Psychology. Elaborate the various concerns and relevance of Youth Psychology.

OR

Define youth. Explain the formation of youth identity. (15)

2. Discuss the importance of family and living arrangements on youth development.

OR

Elaborate the role of media in youth development.

(15)

3. Highlight the concerns related to employment amongst youth with suitable example.

P.T.O.

OR

Define risk taking behaviour. Elaborate any one risk taking behaviours amongst youth. (15)

4. Define social well being. Highlight the rôle of citizenship and political engagement on youth development.

OR

Explain the concept of social capital. Critically analyse the significance of social capital in youth development. (15)

5. Write short notes on any two of the following :

(a) Youth in transition

(b) Cohabitation

(100)

(c) Youth across culture

(d) Positive youth development

(e) Health and Body image amongst youth

$$(7.5 \times 2 = 15)$$

P.T.O.

[This question paper contains 4 printed pages.]

05 JUN 2023

Your Roll No.....

Sr. No. of Question Paper : 3855

Unique Paper Code : 12117920

Name of the Paper : DSE6 : Psychological
Assessment

Name of the Course : **B.A. (Hon) Applied
Psychology**

Semester : VI

Duration : 3 Hours Maximum Marks : 75

Instructions for Candidates

1. Write your Roll No. on the top immediately on receipt of this question paper.
2. Attempt all **five** questions. **All** the questions carry equal marks.

P.T.O.

1. Highlight some differences and similarities between a test and assessment. Discuss the nature & purpose of psychological assessment. (5+10)

Or

What is psychological assessment? Discuss ethical and professional issues in psychological assessment. (5+10)

2. Define a psychological test. Explain in detail its application in counseling & guidance.

Or

Discuss the uses of psychological testing in organizations. (15)

3. Define reliability. Discuss various methods of estimating reliability of a test. (5+10)

Or

What are norms? Elaborate on different types of norms. (5+10)

4. Elaborate on the importance of self report inventory as a tool of personality assessment. (15)

Or

What is the importance of culture fair intelligence testing? Explain in light of Raven's Progressive Matrices. (15)

5. Write any **two** short notes. All carry equal marks. (7.5,7.5)

(i) The Wechsler scales of intelligence

(ii) Item analysis

P.T.O.

(iii) Likert scale

(iv) Purpose of Psychological assessment

(200)

R.A.(H) App. Roger ~~2023~~
11, IV & Sem. May - June 2023