

Annual Sports Report 2021-22

On 13th April 2022

Respected Principal Mam, Chairman sir, our Chief Guest **Sh. Arjun Chandra Mehrishi**, Guest of Honour **Sh. S.R Singh** and all Shayama family, I am very glad to speak Annual Sports Report in front of you. Our players performed whole year in different tournament like Inter-National, National, State, All India Inter-University, Inter-University, All India Open tournament and Inter-College competition.

In Sports Department there are two fitness programs Yoga and Aerobics, in this program our whole College students can take part for their fitness and learn how to make fit through Yoga and Aerobics. This year approximate 110 students enrolled in Yoga and Aerobics Program and they already performed in front of you. We have nine (9) teams in different games like- Hockey, Kho-Kho, Kabaddi, Handball, Volleyball, Softball, Basketball, Aerobics and Yoga. For the preparation of competitions, Department have eight (8) qualified Coaches, for the Hockey Mr. Anil, for Kho-Kho Mr. Ashwani, for Kabaddi Mr. Joginder, for Handball & Basketball Mr. Shaurya, for Volleyball Mr. Shashi, for Softball Mr. Arun, for Aerobics Ms. Anuradha and for the Yoga Mr. Sumit. They all are doing hard work for prepare our players to achieve their goals.

The whole Departmental Work done by Dr. Kavita Vats (Adhoc) and Dr. Kumari Seema (Adhoc) under the guidance of Prof. Sadhna Sharma mam.

Now I would like to share with you our player's achievement in different games.

In Kho-Kho:

- Sapna Kumari, Muskan, Somya, Shahnaz, Madhu Kumari, Muskaan participated in Senior National Kho-Kho Championship held at MLB Khel Parisar, M.P from 26th to 30th Dec. 2021.
- Madhu Kumari participated in Junior National Kho-Kho Championship held at Biju Patnaik Indoor Stadium, Odisha from 22nd to 26th Sep. 2021.
- Sapna Kumari, Muska, Somya, Shahnaz, Madhu Kumari, Muskaan, Nandita Premi, Monika Tomer secured 1st Position in Delhi State Kho-Kho Championship held at Jawahar Lal Nehru Stadium on 12th & 13th March 2022.
- Sapna Kumari, Muskan, Somya, Shahnaz, Madhu Kumari, Muskaan, Nandita Premi, Monika Tomer, Divya secured 1st Position in Delhi Olympic Games held at New Delhi on 2nd & 3rd Oct. 2021.

In Hockey:

Players participated in Indian Senior Women National Hockey Championship held at Jhansi, U.P from 21st to 30th Oct 2021.

Rekha secured 3rd position in Senior Delhi State Hockey Championship held at National Stadium from 13 to 19 Oct. 2021.

In Kabaddi:

- Khushi and Swati participated in Delhi State Kabaddi Championship held at Jagatpur, Delhi on 7th & 8th Nov. 2021.

In Handball:

- Sapna, Khushboo, Jyoti, Anjali played 50th Senior National Championship held at Hyderabad, Telangana from 29th March to 3rd April 2022. And secured 3rd Position in Junior National held at Kanpur, Uttar Pradesh from 31st March to 4th April 2021.

In Softball:

- Dipti secured 3rd Position in All India Inter-University Tournament held at Deenbandhu Chottu Ram University of Science & Technology, Murthal, Haryana from 10th to 14th March 2022.

In Volleyball:

- Jyoti Gurjar, Nandini, Kiran, Kohina Goyal, Heena, Shikha Tiwari, Pooja Kumari secured 2nd Position in Delhi Yoth Volleyball Championship held at Kishan Garh, New Delhi from 21st to 23rd March 2022.
- Jyoti Gurjar, Pinki, Nandini, Kiran, Kohina Goyal, Heena participated in Delhi State Senior Volleyball Championship held at UN Sports Academy, New Delhi from 9th to 12th Nov. 2021.
- Kohina Goyal, Shikha Tiwari, Kiran were selected in the Coaching Camp for Volleyball State Youth Women Team.
- Kohina Goyal and Shikha Tiwari are playing from 11th to 16th April 2022 Youth National Championship held at Rudrapur, Uttarakhand.

In Yoga:

- Varuna Arya participated in National Yogasana Championship held at Asha Jyoti Vidyapeeth, Haryana from 25th to 27th March 2022.
- Yoga Team participated in Delhi Olympic Games held at New Delhi on 20th & 21st March 2021.

In Aerobics:

- Nikita and Kanishka Sharma secured 2nd Position in EROBERN Invitational Inter-College held at Miranda House College, University of Delhi on 11th March 2022.