

December 2021/12

# सफ़र

*Mehkama-E-Taleem, Khabarnama*

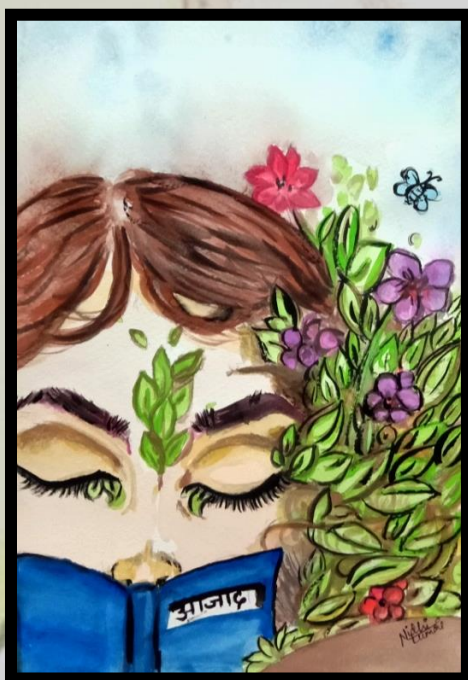
*An e-Newsletter of the Department of Education,  
Shyama Prasad Mukherji College for Women,  
University of Delhi*





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## *इदारिया*

### *Editorial*

Have you ever wondered if there is a face to freedom? But it's not all about appearances. Freedom is a vision. Education has the potential to transform young minds into 'Azad' or free thinking individuals. The freedom to pursue one's interests comes from access to physical, financial, and educational resources. For some of us, having enough on our plate satisfies the definition of freedom, but for others, bringing food to another's plate might provide a sense of freedom.

Another way to conceptualise freedom is to think of it in terms of the boundaries it entrails. Every person is bound by something or the other. Recognising which of these boundaries can be and need to be transcended and where such transgressions can impinge on others' freedom, is essential for ensuring freedom for all.

Freedom holds varied meanings for individuals. This ranges from finding space to express oneself to embracing other people's viewpoints. American archaeologist and educator, F. L. Wright observed, "Freedom comes from within." Allowing oneself to experience the force of one's own existence is a path towards liberation.

Noted educational thinker Paulo Friere said "Education is freedom. Education will teach you how to do it yourself as opposed to asking someone else to do it for you." The freedom to break the chains of poverty, to accept one's individuality, and to bring changes of one's dreams, stems from education. The country is celebrating its 75th anniversary of independence, and the "Azad Safar" has a very long way to go. This issue of SAFAR coincides with the nation's celebration and brings together many interpretations of Azadi, concentrating on "What makes you feel Azad?"

*-By Ms. Nidhi Kumari and Ms. Neetika Aggarwal  
(B.Ed. II Year)*



# महकमा-ए-तालीम

## Updates About the Department

The academic session started on 16 August 2021 and the Department of Education, as per the directives of the University of Delhi, continued to conduct classes in the online mode, in light of the ongoing COVID'19 pandemic. New admissions were delayed for all programmes. The department welcomed the students of B.El.Ed first year in November 2021 and those of B.Ed. first year in December 2021. Besides organizing webinars, capacity building workshops, and other academic activities, the department persevered towards providing internships and field observations to B.Ed. and B.El.Ed. students, albeit in online mode.

We bid farewell to Prof. Veena Kapoor who superannuated from the department on 30th July 2021. We wish her luck and happiness in her new journey.

The country celebrates 75 years of India's independence this year. In line with the same, and celebrating Azadi ka Amrit Mahotsava, the theme of this issue is Azadi/ Freedom.

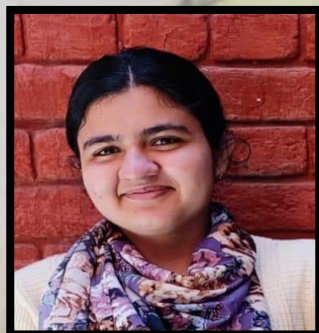
## छूने चले आसमाँ

### Recognising the Accomplishments of Students



- ❖ **Ms. Shalini Thakur** of B.Ed II Year presented a paper on the topic of gender and education at the National Conference on Learning, held on November 26, 2021 by the Education Department of Lady Irwin College, University of Delhi.

- ❖ **Ms. Tripti Kumari** of B.El.Ed II Year, secured Second Position in an Inter-College Competition on "Swachh Bharat Abhiyan: Yuvao ka Yogdan; Home-based initiatives for Waste Management" under the aegis of 'Azadi ka Amrit Mahotsav' organized by the Cleanliness Committee of the college on 6th October 2021



- ❖ **Ms. Mansi Balhara** of B.El.Ed II Year received the best teacher award during her internship at Sarkarischool.in

- ❖ **Ms. Shweta Saini** of B.El.Ed. IV Year was selected as a teaching intern by Vidya Bhawan Education Center under the programme - Shiksha Sambal to teach in government schools of Zavar, Rajasthan, for three months (8 December 2021- 19 March 2022).



- ❖ **Ms. Babita Pandey** of B.El.Ed. IV Year completed the course - Subhashitam Sanskritam Course-5, organised by Sanskrit Club, IIT Roorkee in association with Samskrita Bharati, conducted from 5th July, 2020 to 6th January 2021, certificate issued on 2nd August, 2021.
- ❖ She was also awarded as the Junior Coordinator of Navrang Theatre Society for the period between 1 June 2020 and 31 October 2021.
- ❖ She completed a 6 week online training of French language (5 May 2021-1 July 2021), organised by Internshala training.
- ❖ She scored 83% in a four weekonline training programme on Internship and job preparation (1 July 2021 to 31 July 2021) organised by Internshala training.

- ❖ **Ms. Saloni Jindal** of B.El.Ed IV year started her blog on which she curates content relevant to B.El.Ed, including syllabus, previous year question papers, and reading material of various courses. Her blog may be accessed through <https://saloniknowledgebank.blogspot.com>.





## Internships

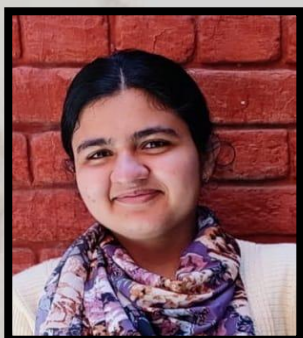
The following B.El.Ed. and B.Ed. students from the Department of Education, SPMC undertook internships with various organisations during the year 2021.



- **Name: Ms. Neetika Aggarwal (B.Ed. II Year)**  
Organisation: Jazba - Joining Hands NGO  
Role: Teacher  
Duration: 14 November 2021 to Present



- **Name Ms. Nishat Shahin (B.El.Ed. II Year)**  
Organisation: Entrepreneurship Network  
Role: Wix Web Development Associate  
Duration: 10 January 2021 to 1 January 2022



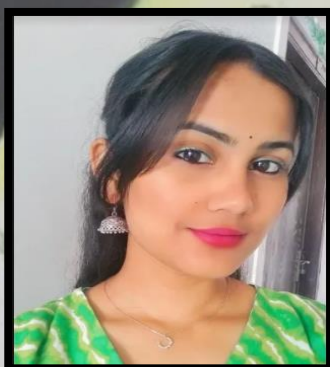
- **Name: Ms. Mansi Balhara (B.El.Ed II Year)**  
Organisation: Sarkarischool.in  
Role: Teacher and Content Developer  
Duration: 1 November 2021 to 31 January 2022

दिल्ली के विद्यार्थियों के सर्वे का निष्कर्ष

### सरकारी स्कूलों के विद्यार्थी जिज्ञासु, सीखने की भी तीव्र इच्छा

ब्यूरो नवज्योति। उदयपुर। सरकारी स्कूलों में पढ़ने वाले बच्चे जिज्ञासु तो हैं ही, उनमें सीखने की तीव्र इच्छा भी है। वे केवल सही उत्तर तक ही सीमित नहीं रहना चाहते, बल्कि विषय की अवधारणा को समझ तक पहुंचना भी उनकी चाहत होती है। यह निष्कर्ष प्रदेश के उदयपुर, ...

- **Name: Ms. Divyanshi, Ms. Kanishka Sharma, Ms. Mallika Gupta Ms. Mansi Aggarwal, Ms. Monika Kumari, Ms. Muskan, Ms. Nidhi Kaim, Ms. Nikita, Ms. Rishika Malik, Ms. Shivani, Ms. Shreeji Kaushik, Ms. Shweta, Ms. Umang, Ms. Varsha, Ms. Writika Manocha, Ms. Yogita (B.El.Ed IV Year) and Ms. Kritika Sharma, Ms. Mansi Yadav (B.El.Ed III Year)**  
Organisation: Vidya Bhawan Society  
Program: Shiksha Sambhal Program  
Role: Teaching in Udaipur and locations near it.  
Duration: 20 December 2021 to 31 December 2021.



➤ **Name: Ms. Shweta Saini (B.El.Ed. IV Year)**

Organisation: Vidya Bhawan Education Resource Centre

Role: Teacher

Duration: 8 December 2021 to 15 March 2022

Organisation: Instagram page- BEAUTYPHYLE

Role- Content Creator



➤ **Name- Ms. Umang (B.El.Ed. IV Year)**

Organisation- Vidya Bhawan Society, Udaipur, Rajasthan

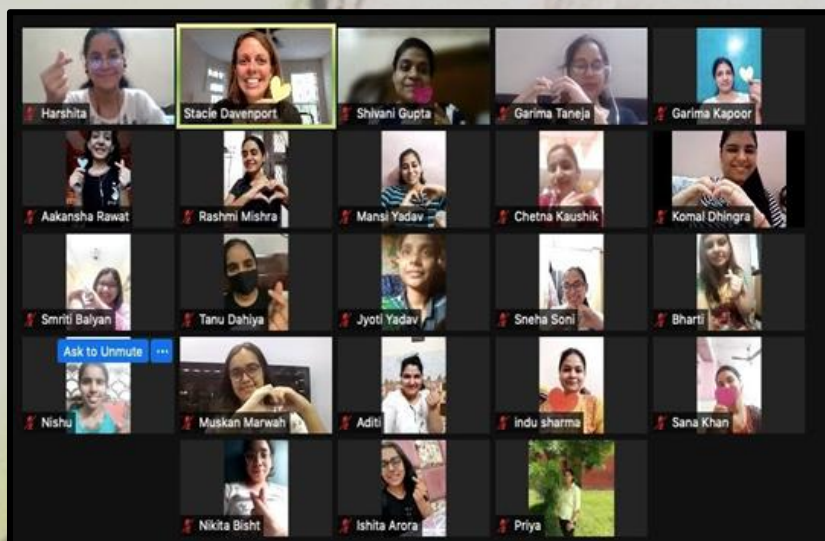
Role- Secondary English Language Teacher

Duration- October 2021-January 2022

## चहल-कदमी

Events and Activities in the Department

### Online Courses Organized by RELO for Professional Development of Student Teachers



A 15-week professional development programme in collaboration with the Regional English Language Office (RELO) of the US Embassy was organized for the students of B.El.Ed III year by Ms. Nidhi Seth. Under the guidance of Ms. Natasha Benfiada and Ms. Stacie Davenport, students engaged in both the courses, Content Language Integrated Learning (CLIL) and SKILLS. Both the courses started on 14 June 2021. The classes were taken in both synchronous and asynchronous modes on Zoom and Canvas.



The courses helped student teachers to improve their instructional practices. Student teachers read, learned, and utilized many teaching resources offered by the American English website, the English teaching forum magazine, and the monster book of teaching activities. The course provided practical ideas for the English language classroom. Emphasis was placed on scaffolding students, critical thinking, and the use of techniques like storytelling, drama, and games.

*-By Ms. Smriti Balyan (B.El.Ed. III Year)*

### **Workshops by Ukti - Waldorf School**

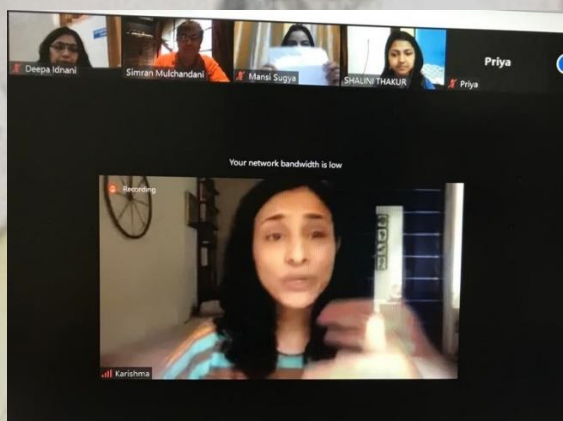


Ukti – The Waldorf School organized two workshops on 'Movement in Language and Speech' and 'Movement in Mathematics' on 11 September 2021 and 25 September 2021 respectively, for the students of B.El.Ed III Year by Dr. Gagandeep Bajaj, Dr. Pushpa Kumari and Ms. Nisha Dedhwal. Ms. Suviena Bagrodia and Ms. Saloni Zutshi conducted the workshops on the Zoom platform. The workshops gave the students an insight about how learning can be made creative, interesting, engaging, and lively with the use of body movements, speech, and gestures. The workshops helped students learn about how to enhance their teaching-learning experiences and students' conceptual understanding through engaging students in activities that include hands-on experiences and why theoretical learning is not enough for students to fulfill their curiosity. The workshops also discussed the importance of personal development in a learner's life.

*- By Ms. Smriti Balyan (B.El.Ed. III Year)*

### **Webinar on “ Educational Challenges for the 21<sup>st</sup> Century: Knowledge and Skills for the future”**

A webinar was organized by Dr. Deepa Idnani for the students of B.Ed. and B.El.Ed. on 22 September 2021. The first session was conducted by the founders of Project Rangeet- Mr. Simran Mulchandani and Ms. Karishma Menon wherein they talked about their play-based, measurable Social Emotional and Ecological Knowledge (SEEK) curriculum created for schools, families, and communities to promote the well-being and development of children in any environment.



They demonstrated various activities which they use to engage students. This was followed by a session by Professor Asheesh Srivastava, Dean, MGCU (Bihar), School of Education who highlighted the various Educational Challenges existing in the 21<sup>st</sup> century and focussed on ways to address some of these challenges. The webinar concluded with a lively question-answer session. The student- teachers gained a deeper understanding on how to engage students in playful activities and to address the challenges at an individual level.

*-By Ms. Anju Sebastein (B.Ed. II Year)*



## Visit to National Museum and Parliament in New Delhi



The students of pedagogy of Political Science of B.Ed II year visited the Parliament Museum and National Museum, New Delhi on 24 September 2021 under the guidance of Dr. Deepa Idnani. The National Museum exhibits the remains of Stone Age, Harappan, and Mohenjo-Daro tools, earthen pots, ornaments, paintings, coins.

The Parliament Museum featured the historical heritage of freedom struggle, the Constitution, transfer of power etc. The sound-light video animation, and multi-media show display around the legislative assemblies in India, how the Parliament functions, both houses of the Parliament- Lok Sabha, Rajya Sabha, Central Hall, Parliament and the World was an enriching experience for the students as they gained insights on how to integrate field trips in their teaching practice.

*-By Ms. Shalini Thakur (B.Ed. II Year)*

## Workshop on Development of Resource Room



A workshop on 'Development of Resource Room' was organized on 7 October 2021 for B.El.Ed. IV year. The workshop was conducted on Google Meet by Dr. Gagandeep Bajaj, Associate Professor, Department of Education, Shyama Prasad Mukherji College, University of Delhi in order to guide and facilitate students regarding resource room development which is an integral part of the B.El.Ed curriculum. The workshop highlighted the importance of creating resources and utilizing them in classrooms while teaching. The workshop encouraged students to explore creative and innovative ways of structuring their e-resource rooms.

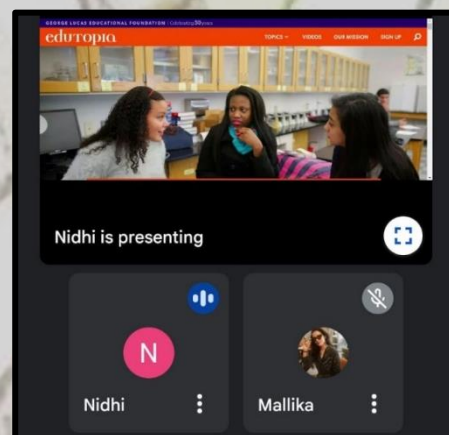
*-By Ms. Radhika Dhawan & Ms. Writika Manocha (B.El.Ed. IV Year)*



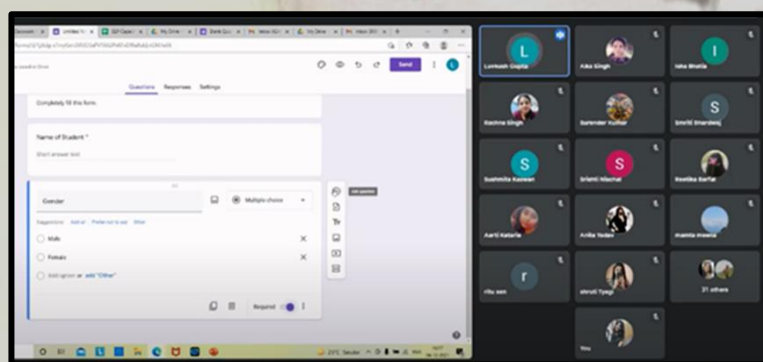
## Workshop on Reflective Journal Writing

Ms. Nidhi Seth, Assistant Professor, Department of Education, Shyama Prasad Mukherji College, University of Delhi conducted a workshop on 'Reflective Journal Writing' for B.El.Ed. IV year students on 8 October 2021. It was conducted on Google Meet. The workshop helped students to gain insights into the interlinkages between theoretical and practical aspects of reflective writing. The session detailed the components of journal writing such as reflection in action, reflection on action, the importance of interpretation of feelings, self-evaluation, and planning. The session was interactive and engaging. The workshop concluded with a group activity in which the students analyzed some sample journals based on what they have learned from the workshop.

*-By Ms. Radhika Dhawan & Ms. Writika Manocha (B.El.Ed. IV Year)*



## Capacity Building Workshops

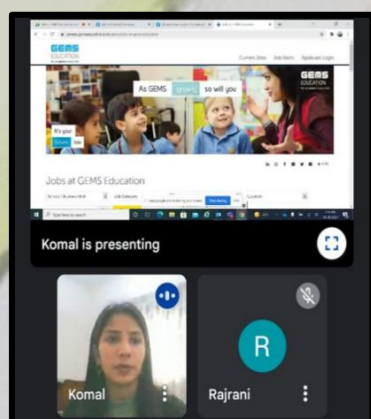


A series of workshops under 'Capacity Building' was organized by the B.Ed. SEP Committee, Dr. Shivani Arora, Dr. Rajrani and Dr. Surender Kumar, for B.Ed. II Year and B.El.Ed. IV year students. The resource person, Mr. Lavkush Gupta, Assistant Professor, Department of Computer Science, Shyama Prasad Mukherji College, University of Delhi conducted these workshops on Google Meet.

The workshop held, on 9 October 2021, focused on the basics of using different online platforms like Google Meet and Zoom. The workshops on 3, 4, and 6 December 2021 focused on using various ICT tools for making online teaching a smooth and enriching experience. Some of the tools learned by the students included Google Drive, Google Forms, Google Sheets, and Webex. Students learned how to make quizzes using Google forms, how to share Google drive links in the classroom, and the use of different options present in the tools. The workshops were interactive and engaging.

*- By Ms. Neetika Aggarwal (B.Ed. II Year)*

## Interaction with B.Ed. Alumnus



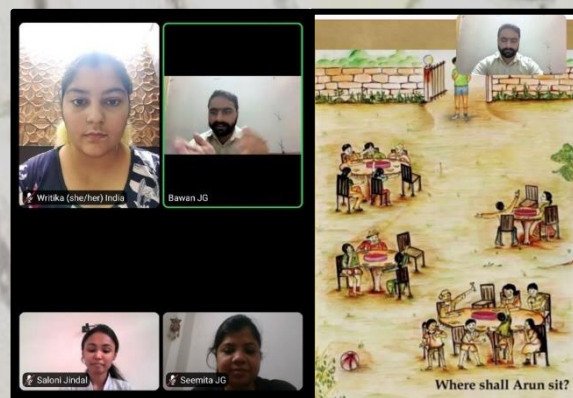
An interactive session was organized by the School Experience Programme Committee, Dr. Shivani Arora, Dr. Rajrani and Dr. Surender Kumar, with B.Ed. alumni for the students of B.Ed. II Year on 14 October 2021. The alumni shared their experiences of school teaching and the job requirements of a teacher. The speakers were Ms. Tanya Chauhan, Ms. Parul Khurana, Ms. Geeta Sharma, Ms. Khushbu Verma, Ms. Shatakshi Dey, and Ms. Komal Kapoor. The alumni brought vivid experiences from their working environment, which ranged from their respective schools in Delhi to Dubai. The interaction helped the students understand the job expectations and the required preparations for the same.

*-By Ms. Nidhi Kumari (B.Ed. II Year)*



## Workshops on Fractions and Number Sense by Jodo Gyan

Two workshops on 'Fractions' and 'Number Sense', were organized by Dr. Vandana Ghai and Ms. Alprata Ahuja, for the students of B.El.Ed. IV Year on 18 October 2021 and 23 October 2021 respectively. The workshops were conducted by Mr. Bavan and Ms. Seemita from Jodo Gyan Shiksha Kendra on the Google Meet platform. Both the workshops ensured maximum student participation through the help of games and activities. The workshops helped students gain an insight into various methods and self-made resources that can be used in a mathematics classroom to make teaching, learning, and understanding fractions and number sense more comprehensively.



*-By Ms. Radhika Dhawan & Ms. Writika Manocha (B.El.Ed. IV Year)*

## Workshops on English Language Teaching

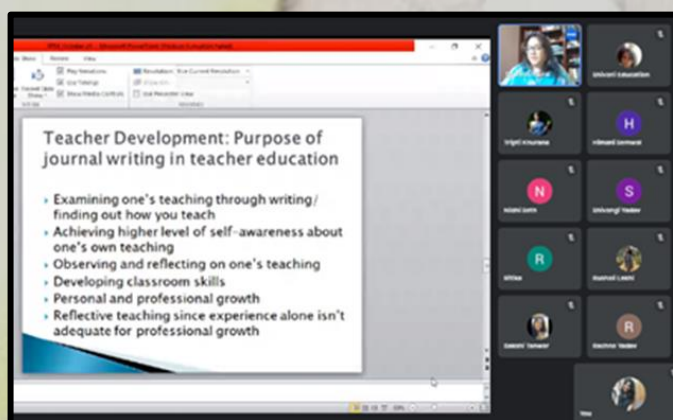
Two workshops on English Language Teaching were organized by Ms. Nidhi Seth for B.Ed. II Year and B.El.Ed. IV Year students on 20 October 2021 and 15 November 2021 respectively. The workshops were conducted by Ms. Kamayani Joshi, a mentor teacher with experience of 25 years in the teaching field, on the Google Meet platform. The first workshop focused on English Language teaching at the primary level and the second concentrated on teaching English at the secondary level, which was attended by Pedagogy of English students.



Students got an opportunity to explore various interactive websites such as Wordart.com and Mentimeter along with some mindful activities and exercises that can be suitably used in language classrooms.

*-By Ms. Radhika Dhawan & Ms. Writika Manocha (B.El.Ed. IV Year)*

## Lecture on Journal Writing in Teacher Education Programme



A lecture on 'Journal Writing in Teacher Education Programme' was organized on 23 October 2021 for B.Ed. II year. The workshop was organized by the B.Ed. SEP Committee, Dr. Shivani Arora, Dr. Rajrani and Dr. Surender Kumar, on Google Meet. The resource person for the workshop was Dr. Jyoti Raina, Associate Professor, Gargi College, University of Delhi. The lecture focused on discussing the importance of journal writing for teachers. Identifying the purpose of journal writing, some starting points, and academic writing was among the key areas covered in the session.

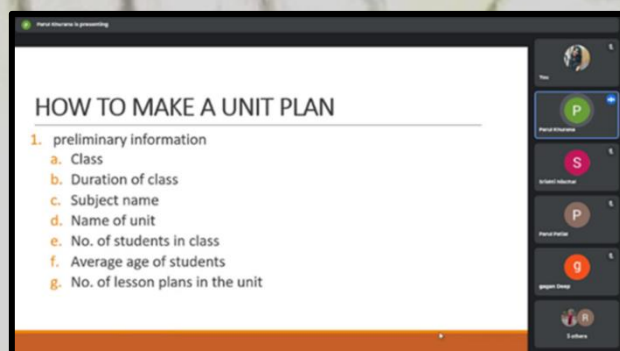
The lecture encouraged students to explore journal writing in a new light as teachers.

*-By Ms. Neetika Aggarwal (B.Ed. II Year)*



## **Workshop on Lesson Planning**

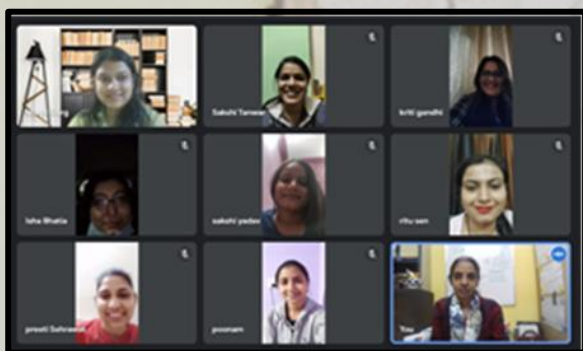
A 'Workshop on Lesson Planning' was organized by Dr. Gagandeep Bajaj for the students of Pedagogy of Biology, B.Ed. II year on 23 October 2021. The resource person for the same was Ms. Parul Khurana, alumna, SPMC (W). The workshop was organized on Google Meet and focused on the various aspects of Unit Planning and Lesson Planning. The workshop aimed at guiding student teachers to prepare better lesson plans.



Some of the key points of the workshop were writing rationale of resources, prerequisite knowledge, and teaching learning process as well as discussing some online tools which can be included in the lesson plans. It was an interactive and engaging session.

*-By Ms. Neetika Aggarwal (B.Ed. II Year)*

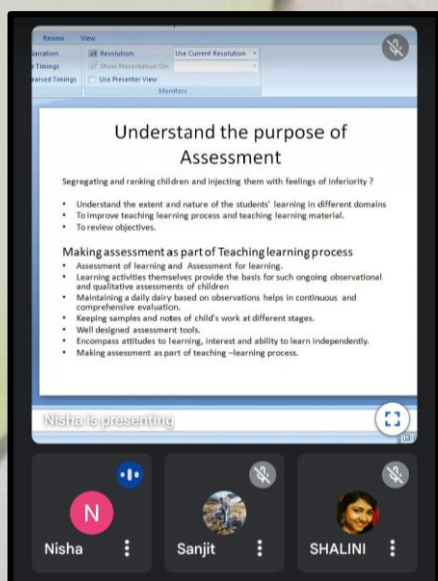
## **Interaction Session with Alumna on Teaching Commerce Online**



An interaction with Ms. Mansi Garg, PGT Commerce at DPS Mathura Road, and alumna of B.Ed. at SPMC was organized by Dr. Toolika Wadhwa for B.Ed. II year commerce pedagogy students on 27 October 2021. It was conducted on Google meet and the focus of the interaction was on teaching Commerce using various online tools. It was an interactive session to give space to students to share their experiences and doubts regarding teaching Commerce.

*-By Ms. Neetika Aggarwal (B.Ed. II Year)*

## **Social Science Workshop**



A session regarding 'Social Science Teaching' was organized by the Department of Education on 30 October 2021 for Social Science pedagogy students of B.Ed. and B.El.Ed. IV Year. The workshop was conducted by Dr. Deepa Idnani, Dr. Sanjit Kumar Das, Ms. Nisha Dedhwal, and Dr. Rajrani Kumari on the Google Meet Platform. The workshop provided students with a more realistic and relatable way of teaching Social Science in secondary classes. Topics like assessment, its purpose and objective, the importance of resources, museums, and historical places were also focused upon in the workshop. All the teachers contributed to the workshop by sharing their perspectives and experiences related to teaching and learning social science.

*-By Ms. Radhika Dhawan & Ms. Writika Manocha (B.El.Ed. IV Year)*

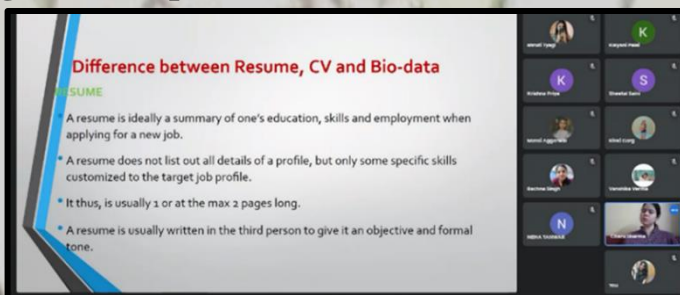


## CV Writing Workshop

A 'CV Writing Workshop' was conducted by Dr. Charu Sharma, Assistant Professor, Department of Education, Shyama Prasad Mukherji College, University of Delhi, and Dr. Krishna Priya Sen, Associate Professor, Department of Education, Shyama Prasad Mukherji College, University of Delhi on 28 December 2021. It was organized on Google Meet for B.Ed. II year and B.El.Ed. IV year students.

The workshop focused on the differences between Resume, Curriculum Vitae, and Bio-data. The approach to writing a good CV was discussed at length for example educational qualifications, experience, awards, skills, etc. The workshop also included displaying certain examples of the same. It concluded with discussing the doubts of the students. It was a very enriching workshop that talked about the nuances of CV writing.

*-By Ms. Neetika Aggarwal (B.Ed. II Year)*

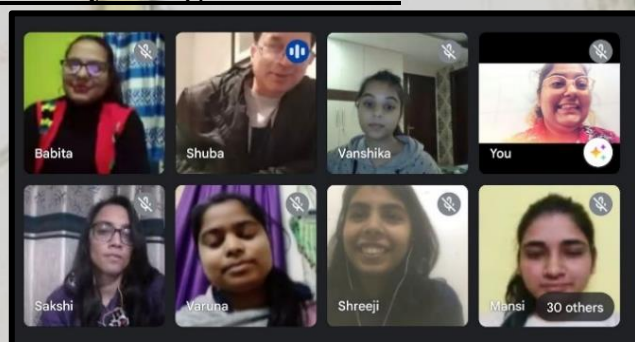


## Capacity Building Workshop on Storytelling and Theatre

A workshop on 'Importance of using stories in classroom teaching through Storytelling methods and Theatre' was organized for B.El.Ed. IV Year students on 10 December 2021. The teacher coordinators for the event were Dr. Vandana Ghai, Ms. Alprata Ahuja and Ms. Nisha Dedhwal. The workshop was conducted by Mr. Subhash Rawat, a theatre practitioner, and educator. He discussed the importance of using stories in a classroom with multiple ways and opportunities, where stories can be included.

The workshop included some activities combining story-telling and theatre, such as character building, collective story building, improvisations, and dramatic storytelling, which can also be used in a classroom of young learners to enhance their learning and make it more meaningful as well as playful.

*-By Ms. Radhika Dhawan & Ms. Writika Manocha (B.El.Ed. IV Year)*





## Artistic Creations by Students of B.Ed. I Year



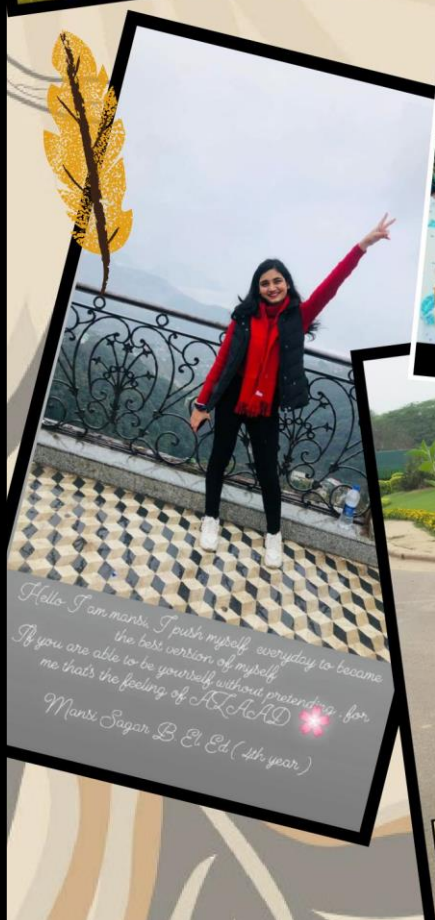
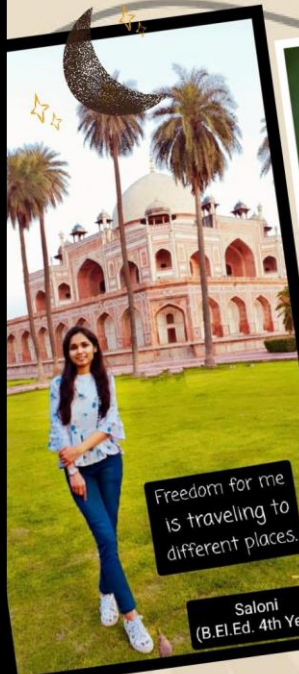
The students of B.Ed. I Year painted old lamps from the college under the guidance of Ms. Pooja Anand. The students used different traditional art forms like Madhubani art, Warli art, and Calligraphy on the lamps. Each student pursuing Fine Arts under Enhancement of Professional Capacity submitted two lamps. The lamp works were prepared with months of hard work and patience. The lamp works of students received praise and will adorn the walls of the college for years to come.

*-By Ms. Nidhi Kumari (B.Ed. II Year)*



**#Azad** is the focus of this issue's **#Eduselfie**! In this special issue on Freedom, we present to you pictures of students from the Department of Education, SPMC (W) capturing activities, people, or places that make them feel Azad!!

# FREEDOM: One Word, Many Perceptions



#EDUSELFIE  
#Azad



# FREEDOM: One Word, Many Perceptions



Fangirling makes me feel  
Azad!! Freedom to love!

Neetika Aggarwal  
B. ed. 2nd Year



Freedom is expressing myself the way I want to!!!  
-Preeti Malik, B.Ed. JJ



When I feel the  
breeze rushing  
across my face,  
it makes me feel  
AZAAD!

Nandita | B.ed.  
3rd Year



Friendship makes me  
feel freedom. ❤️



MONIKA RAJPUT  
B.EL.ED 4th year



Riding my Bike makes me feel AZAAD

Shalini Thakur  
B.Ed 2nd Year

#EDUSELFIE

#Azad



## **Editorial Team**

***B.El.Ed I Year:*** Ms. Ishmeet Kaur, Ms. Malki, Ms. Tannu Kumari

***B.El.Ed. II Year:*** Ms. Kirti Nanda, Ms. Nishat Shahin

***B.El.Ed. III Year:*** Ms. Smriti Balyan, Ms. Nandita Lamba

***B.El.Ed. IV Year:*** Ms. Writika Manocha, Ms. Radhika Dhawan

***B.Ed I Year:*** Ms. Anoushka Barua, Ms. Akansha, Ms. Lekhita Sharma

***B.Ed. II Year:*** Ms. Neetika Aggarwal, Ms. Nidhi Kumari, Ms. Tamanna Kalra

***Artists:*** Ms. Nidhi Kumari and Ms. Writika Manocha

***Teacher Coordinators:*** Dr. Pushpa Kumari, Dr. Surender Kumar, Dr. Toolika Wadhwa

***Disclaimer: The list of events is not to be used for any “official purposes”.***

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