

SPM COLLEGE

NSS REPORT

2014 – 2015

NSS REPORT

COMMUNITY SERVICES

In order to perform community services a locality near Peeragari ,Paschim Vihar and ESI hospital ,Raja Graden were selected .Community leaders(Counselor of the area ,Aganvaadi workers, Civil Society Workers) were approached .Various programs were being initiated by the various groups of students on various issues i.e women security and health issues, awareness programs(cleanliness ,women constitutional rights etc) , Skill development programs , etc.

The community service program was divided in 3 phase.

- 1st Phase From 1 Sept To Oct 2014
- 2nd Phase From 4th NOV 2014 To Jan2015
- 3 phase from 11 Jan to till now

These programs were divided in four desk to initiate and to understand the community dynamism.

- Literacy desk.
- Skill development Desk
- Campaign Desk
- Research Desk
- Hospital Desk

LITERACY DESK

This desk is formed to render the services of youth towards building an effective society by encouraging and educating the strata which most faces prejudices and stereotypes in the name of education. Thus, keeping the view that education has a high value of breaking away age old stereotypes which helps in not only opening opportunities but also sustaining a high standard of life and in the process benefitting the development of nation as a whole, this literacy desk was created.

Programs

To impart basic knowledge such as – English, Mathematics (Maths), General knowledge to help residents of refugee colony to develop interest in education and conceive it's later benefits further, contribute in their personality building and development.

Target population

The population targeted was women and children (All age groups)

Activities

Activities chosen to foster our aim in the refugee colony was simple teaching approach with innovative ideas of visual teaching (using chart papers) and interactive team building sessions with the residents of the refugee colony.

NSS students were sub-divided into 10 groups and each group was consist of 6 to 8 team member. They were headed by a group of core team of 5 members .

A positive feedback was gained by residents of the refugee colony .They perceived education as a fun and indulging activity with the innovative approach chosen.

Moreover, lot of people were attracted and motivated by the sessions channelized by the NSS unit of the college which was reflected in regular attendance, mouth to mouth awareness, high attention of students – both children and ladies and high participatory response from people.



SKILL DEVELOPMENT DESK

This desk was formed with a view that along with imparting education it's also important to encourage residents on developing hobbies or skills. Skill acquisition and development is the key factor in attaining success in today's world. Skills development can help build a "virtuous circle" in which the quality and relevance of education and training for women and men fuels the innovation, investment, technological change, enterprise development, economic diversification and competitiveness that economies need to accelerate the creation of more jobs.

Programs

To impart knowledge on importance of skill acquisition and development among the residents of the refugee colony and help them enhance the same.

ACTIVITIES

The activities done to foster the skill development in the students from the refugee colony was:

- Mehendi Art
- Paper Craft
- Dance
- Best out of waste

150 students were sub-divided in the group of 10 each ie – they were 15 groups who took the responsibility of imparting various skills among the residents to enhance their capabilities holistically. Further these 15 groups were headed by 5 core members

The residents felt fulfilling with concentration of our students on skill enhancement as they it helped them gain more knowledge of the skills and how skills can help them to grow and how further they can convert it into a particular profession. In nutshell, they were positive and satisfied with the efforts of the children for them.

The overall experience by the students was that it was a good manner of exchanging knowledge and gain knowledge on various aspects. It helped them grow their creative abilities more efficiently and effectively.

Overall, we we're able to reach to our target group and impart skills with a good experience shared both by the students of NSS unit and refugee colony.

CAMPAIGN DESK

This desk was formed keeping the view that India is a country filled with various social issues and taboos. Each day, every individual faces challenge because of these issues . thus , an initiative to channelize the club efforts of students of NSS to promote a wider view of these issues and offer a remedies to it , further , discovering different methods to do so

To create awareness among the residents of the refugee colony regarding various social issues and taboos existing in the Indian society. Some of The issues were taken by the campaign team are-

Women literacy awareness (sept - Oct)

Women security (Nov- Decembr 2014)

Cleanliness (December 2014and Jan 2015)

Activities :

- Activities were demonstrated in support to issues taken are:
- Freeze mob
- Flash mob
- Awareness March/ Procession
- Group Talk / Discussion

Freeze mob :

It is a campaign activity in which students chose a silent manner of protest against the unclean streets of refugee colony and promote concept of mannerism and healthy environment by posing posters made by students of NSS campaign unit and driving peoples attention to it.

Interactive session

It involved a interactional session among the teacher, students, and the residents. The talk included topics as follow:

- Pollution as root cause of unhealthy environment
- Consequences of excessive pollution (focus on India)
- 3 R's – Reduce, Reuse, Recycle
- Promoting healthy environment
- Making dustbins out of waste cardboard boxes and newspapers

- Knowledge on difference in green and blue dustbin(ie biodegradable and non-biodegradable)
- Women sanitation

A group of 112 NSS students were sub-divide in 14 groups of 8 members each. Further they were headed by a NSS campaign core team consisting of 5 members.

The residents of refugee colony found it an interesting manner to exchange knowledge and found it a platform to express their vows and perspective about a cleaner and greener area of residence (refugee colony) and Delhi(as a whole).

The students found the organization of campaign activities an opportunity to display innovative and creative ideas to exchange knowledge and an exposure to public speaking and connecting with society.

Overall, the noted experience gave an insight that exposure to society benefited the students to be confident in connecting with people and listening to their problems and giving them suggestions to improve their condition. On the other hand, society felt privileged that someone has approached at the informal level.





HOSPITAL DESK

This desk was formed keeping in mind that refining activities related to health is important as an increase in diseases in today's scenario. Being healthy - physically and mentally is very important as it affects the routinely activities of a person in every field further defining other factors of success, high standard of living etc.

To create awareness among patients and other visitors of college about the adopting and adapting to a better and a healthy lifestyle by taking certain measures which may help saving many lives.

Activities:

Assisting Doctors in their work, filling forms for patients, interacting with patients in the wards, trying to maintain discipline in the hospital.

The volunteers and supervisors have been going to ESI Hospital on daily basis. The experience was an eye opener for them. They were happy doing this type of social service. They felt content. But at the same time, the hospital didn't always have work to offer. The hospital also lacked sitting place for the volunteers and supervisors to sit.

The NSS Core team experienced many challenges. The team got to learn a lot about people management. Also, helping people and making them do such good deeds was an enlightening experience for them. We would like to add that Hospital desk could have improved if more government hospitals were added.





NSS unit at RAHAGIRI.....

Rahagiri is being organized by Hindustan Times with association of Delhi Police and Others on Every Sunday morning at Connaught Place



Campaign team of NSS Unit has been taking part at RAHAGIRI, organized by Hindustan times (Connaught place Delhi). More than 100 students from various dept, are taking part on Sunday mornings. Through various modes of activities i.e freeze mob, Flash March, interactive talks, Nukad natak this program is being initiated by NSS Unit. The huge participation from NSS unit SPM is gaining wide media attention and being appreciated by the crowd. Following events were initiated by NSS, SPM.

Save environment, stop crackers (on 20 Oct 2014) students created awareness through posters

Clean India Green India (on 17th Jan 2015) An awareness was created to make the country beautiful. Posters were displayed.

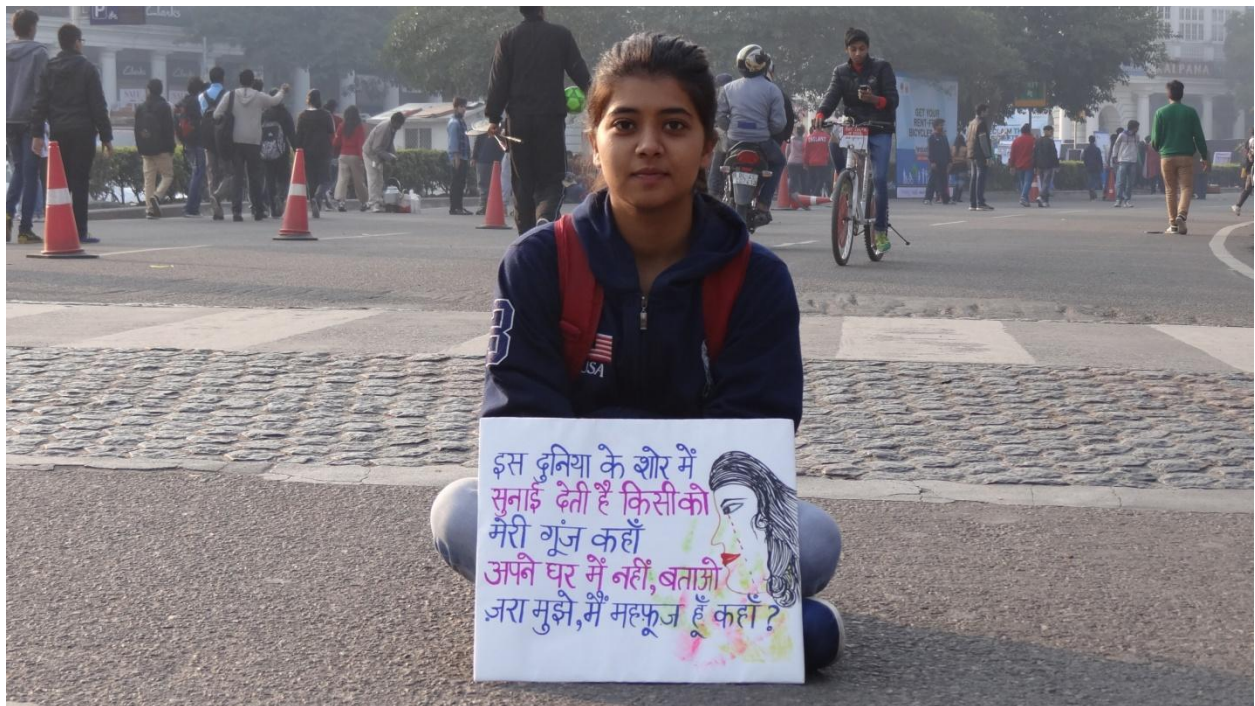
Stop Violence against women (9th Feb 2015) Following events were carried out under this theme

Flash Mob and March- More than 50 students participated and Posters were being displayed.

Interactive session- An interactive session was held, under this session Dr Garima Shukla and MR Vivak Tandon had a talk with the people about violence against women and its related issues at CP.

Signature Campaign was held taking pledge not to show any kind of violence against women







Signature CAMPAIGN at RAHAGIRI



Bane Hum JIMMEDAR.. This campaign was held on 15 -2-2015 .Under this posters were displayed and crowd was told to understand the concept of a responsible citizenship and its importance to make the country clean ,beautiful and problems free

NSS unit with Great Indian Litterbugs Campaign

(With team Ved pohoja)

50 students from NSS unit participated at central park on 11th and 12th Feb2015 , Cannought place . following events were carried out .



Day1- Workshop... workshop was delivered by Team from Ved Pahuja to students how to make beautiful and creative things from litter . After this session they provided litter materials to the students and the whole team helped the students making models . Students were divided in more than 10 groups and they prepared beautiful models with the help of instructor .

Day2 – Models Displayed

Models prepared by the students are being displayed at central park , Cannought place . Students displayed posters along with these models in the form of freez mob and tried to sensitize the crowd to make city beautiful.

Interaction with the crowd—An interactive session was held where Dr Garima Shukla told the importance of making the thing beautiful from litter. Saurabh from great Indian litterberg team along with students SPM College encouraged the crowd to make models in their own locality rather than throwing litter here and there.









Other Programs by NSS Unit

August 2014..

Orientation day was organized ,

Blood Donation Camp by Ministry of Health on 1st October 2014

A Nation wide Blood donation camp was organized by Ministry of health composed of lectures on various components of blood, blood related diseases and government initiatives at providing cure and blood in hospitals followed by blood donation by students, teachers.

A group of 15 students attended from the SPM college .NSS,Unit .

SWACH BHARAT ABHIYAAN: THE CLEANLINESS INITIATIVE

A program was organized by NSS, Delhi University on 2nd October 2014 in regard to Swach bharat abhiyaan started by Delhi Government at the North Campus. The program consisted of a pledge/oath taking by VC, Teachers and students of Making the initiative a success and keep Delhi clean followed by a rally in which students cleaned the roads of Delhi University Campus.

A group of 5 students went from the SPM college participate in this program.