


Curriculum Vitae

<p>Dr. Virendra Pratap Yadav</p> <p>Department of Applied Psychology</p> <p>SPM College for Women</p> <p>University of Delhi</p> <p>Punjabi Bagh, New Delhi-110026</p>		
Contact	+91 8586951651	
Email	virendra24du@gmail.com viren.psy@spm.du.ac.in	
Degree	Institution	Details
Ph.D. (Psychology)	University of Delhi	Thesis Title: Body Image and its Psycho-social Correlates in Adolescents
M.A.	University of Allahabad	Psychology
B. A.	University of Allahabad	Hindi, Political Science, Psychology
Research Interests/ Specialization		
Social Psychology, Body Image, Positive Psychology, Neuropsychology, Clinical Psychology		
Teaching Experience		
<p>Working as an Assistant Professor with the department of Applied Psychology at SPM College for Women, University of Delhi since July 2013 till date.</p>		

Publications

- Yadav, V. P., De, P., & Pandey, A. (2022). Internet addiction and its association with Self-esteem. *IJMT*, 4(1), 82-86.
- Yadav, V. P., & Thakur, A. (2022). Analytical review of child sexual abuse. *IJAAS*, 4(1), 356-360.
- Yadav, V. P., & Thaploo, G. (2022). Impact of Internet pornography on body shame among emerging adults. *IJRP*, 2(1), 1-5.
- Arora, A., Julka, S., Malhotra, K., Tayal, N., & Yadav, V.P. (2022). Role of gender in socio-cultural attitude and physical anxiety towards appearance. *International journal of Applied Psychology*, 8(3), 468-472.
- Sharma, N., Yadav, V. P., & Sharma, A. (2021). Attitudes and empathy of youth towards physically disabled persons. *Heliyon*, 7(8).
- Sachdeva, V., Tayal, N., & Yadav, V.P. (2021). Role of emotional labour in mental health. *International Journal of Research in Human resource management*, 4(1), 7-12.
- Kalra, R., Tayal, N., & Yadav, V. P. (2021). Role of Gaming in stress: A qualitative Perspective. *Journal of Applied research in Humanities, Language, and social sciences*, 1(1), 55-76.
- Tayal, N., & Yadav, V. P. (2019). An exploratory study on conversational skills of males with their spouses: A regional comparison. *International Journal of Applied research*, 5(9), 288-292.
- Yadav, V. P. (2017). Understanding the body image of adolescents: A psychological perspective. *International Journal of Applied research*, 3(6), 588-594.

Participation in International Conferences/Workshops

- Organised a National Seminar on 'Indian Knowledge System: A dialogue with time' at SPM College, University of Delhi during 23-24 Feb, 2023.
- Presented a paper titled "Indian Entrepreneurship Ecosystem in Pre Independence Era: Case Study of Trading in Gujrat's Trading Framework- Reflections from FRP pursued under DU IoE Project" in a National Seminar on 'Indian Knowledge System: A dialogue with time' organized by SPM College, University of Delhi in collaboration with Indira Gandhi National Centre for the Arts (IGNCA), New Delhi held on 23-24 Feb, 2023.
- Speaker and Session Chair in ICSSR sponsored Two Day National Conference on "Reconnaissance of Resilience, Re-emergence, Strengthening, Re-Building of the Nation" organized by Aditi Mahavidyalaya, University of Delhi held on 19-20th Jan, 2023.
- Presented a paper titled "Governance, Behavioural Adjustment & Pandemic: Case study of Impact of Internet Based Applications (Presentation from Ongoing work for FRP under DU IoE Scheme)" during International Discourse on the theme "Geography of Nostalgia: An Analysis of Behavioural Adjustment Across Spaces during COVID-19" held on 8-9 Jan, 2022 organized by Shaheed Bhagat Singh College, University of Delhi in collaboration with International Co-ordination and Development Programme.
- Presented a paper titled "Socio Economic and Psychological Impact of Internet Application: Case Study of Significance of Virtual Domain as an important factor for economic activities

Reflections from Ongoing work for FRP under DU IoE Scheme” in 1st International Conference on “Emerging Issues in Business and Economic Research” held on 17-18 Dec, 2021 organized by Department of Commerce, Rajdhani College, University of Delhi.

- Speaker in an online Faculty Development Programme on Global Economy, Finance, Industry, and Business: Emerging Trends, and Challenges’ organised by SPM College, University of Delhi in collaboration with TLC, Ramanujan College, University of Delhi on 27 Feb, 2021. Topic: “Work-Life Balance in Emerging Economy”.
- Speaker in an online Faculty Development Programme on 'Emerging Trends of Pedagogy in Language, Literature and Social Sciences’ organised by SPM College, University of Delhi in collaboration with TLC, Ramanujan College, University of Delhi on 13th July, 2020. Topic: 'Role of Mental Health and Psychological Well-being in Effective Teaching Learning"
- Organised a UGC sponsored International conference on “In dialogue with Mahatma Gandhi” during 8-9 Nov, 2019 at SPM College, University of Delhi.
- Speaker in the webinar entitled ‘Break the stigma’ on the occasion of World mental health day organized by Rotract club of Delhi Royals on 10 Oct, 2020.
- Speaker in the webinar entitled ‘Mental health during COVID-19 Pandemic’ organized by Field Outreach Bureau, Jhansi, Ministry of Information and Broadcasting, Government of India on 28 Sep, 2020.
- Presented a paper titled “Psycho-social implications of the Gandhian Thoughts in the Contemporary World” in a UGC sponsored International conference on “In dialogue with Mahatma Gandhi” held on 8-9 Nov, 2019 at SPM College, University of Delhi.
- Presented a paper titled “Psycho-social correlates of National Integration” in a UGC sponsored National Seminar on “Psychology of National Integration” held on 30-31 July, 2019 at SPM College, University of Delhi.
- Organised a UGC sponsored National Seminar on “Psychology of National Integration” during 30-31 July, 2019 at SPM College, University of Delhi.
- Participated in a two-day National Seminar on “Formation and Usage of Technical terminology in Higher Education” organised by the Commission for Scientific and Technical Terminology, Ministry of human Resource Development held on 29-30 October, 2018 at SPM College, University of Delhi.
- Co-ordinator, Interdisciplinary Faculty Development Programme on “Effective Teaching and Learning Practices” from 22-26 September, 2018.
- Participated and presented a paper titled “Body image experiences and challenges of adolescent girls from urban and rural settings” in an International conference IACCP held on 1-5 July, 2018 at Guelph, Canada.

Curriculum Vitae

- Participated in a National seminar titled 'Mentoring the Teacher-Mentors: Capacity Building Programme' organized by Gargi College during 19-20 Jan, 2018.
- Participated in a workshop on "Attention Deficit and Hyperactive Disorder" held on 23rd September 2017 organised by Applied Psychology Unit, University of Delhi.
- Participated in the National Pre-Seminar Workshop on 'Challenges and Concerns in doing Qualitative Research' organized by the Department of Psychology, University of Delhi from 7- 8 Mar, 2017.
- Chaired a session in a National Seminar on "Social Harmony & Well-being: Issues and Challenges" held on 18th & 19th March, 2016 at SAC (E), University of Delhi.
- Presented a paper titled "Impact of Recreational Activity on Well-being of DU Students enrolled through ECA and Non-ECA" in a National Seminar on "Social Harmony & Well-being: Issues and Challenges" held on 18th & 19th March, 2016 at SAC (E), University of Delhi.
- Participated in a workshop on "Living Happily with Infirmities" held on 26th -29th Nov, 2015 at 3rd International Congress on Gerontology and Geriatric Medicine in New Delhi.
- Participated in an "International South Asian Conference on Social Policy on Higher Education: Challenges and Possibilities" organized by the Department of Education (CIE), University of Delhi, held on 19-21 Nov, 2015.
- Presented a paper titled "A perspective of solving unresolved issues in HRM at the International Conference organised by JIMS, Delhi on 6th Feb, 2015.
- Completed a program "Certified Professional in Simulation Games and Exercises" conducted by EMPI's Udai Pareek HR-Labs, held on 8-10th May, 2013 at EMPI Business School Campus, New Delhi.
- Participated in a workshop on Research Methods held on 23rd Nov, 2012 at the Department of Humanities and Social Sciences, I. I.T., Delhi.
- Presented a paper titled "Impact of health practices on life satisfaction" in an International conference held on 6th -8th Aug, 2012 at Amity Institute of Behavioural & Allied sciences, Amity University, Jaipur.

Innovative Projects:

- Co-PI in a project titled “Assessment of Innovation and Start Up Ecosystem: A Case Study on Entrepreneurs and Incubators in Tier-1 and Tier-2 Cities” Under the Institute on Imminence, University of Delhi (Year 2022-2023).
- Co-PI in a project titled “Psycho-social and economic impact of internet uses in India” Under the Institute on Imminence, University of Delhi (Year 2021-2022).
- Project Investigator in an Innovation project entitled “Aggression and Behavior Modification: A Socio-psychological Study of Juveniles” funded by the University of Delhi (Year 2015-2016).

Awards: UGC-Junior Research Fellowship

Other Responsibilities:

- Panelist, Selection Board, Air India Pilot Recruitment Drive (2023/2024/)
- Editor, Journal of Applied Research in Humanities, Language, and Social Sciences (ISSN:2583-2999) (Oct 2021-Oct 2023)
- Member, IQAC (SPM College) (Jan 2018- Dec 2023).
- Convenor, Gandhi Study Centre, SPM College, University of Delhi (Year 2020-2021).
- Co-ordinator, Certificate course on “Counselling and Psychotherapy” conducted by SPM College in collaboration with Utsah Psychological Services.
- Editorial Advisor, Psychologists Magazine
- Counsellor (During COVID Pandemic), India Co-Win Action Network (I-CAN) wellness in project SAMVEDNA, a tele counselling initiative of National Commission for Protection of Child Right.
- Chaired the Selection Board for the Interview of Academic Counsellor (Psychology) held on 25 Feb, 2019 in Kendriya Vidyalaya, AFS, Bawana, Delhi.
- Co-opted member, Learning outcomes based curriculum framework (LOCF) for Psychology, Undergraduate Programme, 2018 prepared by University Grant Commission.
- Member in a committee to update the Glossary of Psychology (English-Hindi) during the from 28-30 Aug, 2018 at C.S.T.T., West Block-7 R.K. Puram, New Delhi.